

Word Power

WHICH IS IT?

*For each pair of words, indicate whether they are synonyms (S) or antonyms (A)

- 1.HARMONY/DISCORD
- 2.LITERAL/FIGURATIVE
- 3.LOFTY/HIGHBROW
- 4.OBEDIENT/REBELLIOUS
- 5.QUALIFIED/ELIGIBLE
- 6.TRANSPARENT/OPAQUE
- 7.BRAVE/VALIANT
- 8.CUNNING/SHREWD
- 9.GLOOMY/CHEERFUL
- 10.HAUGHTY/ARROGANT
- 11.BRIEF/TERSE

Musings on Labor

Far and away the best prize that life offers is the chance to work hard at work worth doing.—
Theodore Roosevelt

.....
Let us not forget that the cultivation of the earth is the most important labor of man. The farmers, therefore, are the founders of civilization.—Daniel Webster
.....

.....
A truly American sentiment recognizes the dignity of Labor and the fact that honor lies in honest toil.—Grover Cleveland

JFS MIDDLESEX

219C Black Horse Lane
North Brunswick, NJ 08902
732-777-1940
26 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979

Your Senior Konnection September 2026

Labor Day Monday, 9/7

Rosh Hashanah begins Friday evening, 9/11/26

Yom Kippur begins Sunday evening, 9/20/26

What Are the High Holidays?

*excerpted from Chabad.org

If the year is a train, the High Holidays (AKA High Holy Days) are its engine. A delicate blend of joy and solemnity, feasting and fasting, prayer and inspiration make up the spiritually charged “head” of the Jewish year.

The High Holiday season begins during the month of Elul, when the shofar is sounded every morning, a clarion call to return to Gd in advance of the sacred days that lay ahead.

The two-day holiday of Rosh Hashanah is the head of the Jewish year, the time when Gd reinvests himself in creation as we crown Him king of the universe through prayer, shofar blasts, and celebration.

A week later, the High Holidays reach their crescendo with Yom Kippur (The Day of Atonement). Like angels, we neither eat nor drink for 25 hours. Dressed in white, we pray in the synagogue—united as one people, children of One Father.



- The central observance of Rosh Hashanah is listening to the blowing of the Shofar
- The Shofar is made from a hollowed-out ram's horn
- There is no shofar blowing on Shabbat

Labor Movement Trivia Quiz

1. When was union membership at its highest rate in the U.S.?
a. 1939 b. 1945 c. 1961
2. What percentage of the workforce is currently unionized?
a. 12 b. 20 c. 27
3. Who led the United Farm Workers Union ?
a. Samuel Gompers b. Abraham Lincoln c. Cesar Chavez
4. How many hours constitute a standard full-time work week in the U.S.?
a. 20 b. 30 c. 40
5. Which federal agency enforces workplace safety standards?
a. Commerce Department b. OSHA c. Ways & Means Committee

ROSH HASHANAH FOOD FUN FACTS

- ❖ It is customary to eat the head of a fish at Rosh Hashanah
 - ❖ Many people eat pomegranate seeds on Rosh Hashanah, which represent the commandments in the Torah
 - ❖ We eat round rather than braided challah for the New Year, to symbolize the cycle of life
- *****

Laugh a
Little

Jewish Knock-Knocks to share with your grandchildren....

Knock Knock! Who's there? Chaim. Chaim who? Chaim glad to meet you!

Knock Knock! Who's there? Talia. Talia who? Talia neighbors their music is too loud!

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**September's birthstone is sapphire, associated with royalty and romance,**

**and said to symbolize fidelity.**



### **Famous People Born in September—**

**Past and Present; Agatha Christie, Bruce Springsteen, Jimmy Connors, Barry Gibb,**



**Peter Sellers, Cliff Robertson, Lauren Bacall**

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