

***Daily cold pack** - juice or fruit, milk alternative/dairy product, bread

PLEASE NOTE: All food prepared by our caterer is considered MEAT.
Therefore, any dairy is intended for separate consumption.

WEEK OF AUGUST 3 – AUGUST 7

	<u>Hot</u>	<u>Cold</u>
Monday	beef burger mashed potato green beans	chicken salad orzo cherry tomatoes
Tuesday (delivered Mon)	turkey breast sweet potato mixed vegetables	grilled chicken Caesar salad macaroni salad chick peas
Wednesday	grilled chicken knish peas	baked fish couscous cucumbers
Thursday (delivered Wed)	breaded fish brown rice corn	corned beef sandwich potato salad cole slaw
Friday (delivered Thurs)	roast chicken kugel carrots challah roll	tuna macaroni salad cucumbers



Menus are subject to change due to the availability of food items

***Daily cold pack** - juice or fruit, milk alternative/dairy product, bread

PLEASE NOTE: All food prepared by our caterer is considered MEAT.
Therefore, any dairy is intended for separate consumption.

WEEK OF AUGUST 10 – AUGUST 14

	Hot	Cold
Monday	chicken marsala penne mixed vegetables	tuna salad potato salad cucumbers
Tuesday (delivered Mon)	meatloaf mashed potato green beans	quinoa salad w chicken chick peas
Wednesday	parve eggplant parm spaghetti peas	grilled chicken sandwich orzo carrot sticks
Thursday (delivered Wed)	baked fish couscous corn	corned beef sandwich macaroni salad cherry tomatoes
Friday (delivered Thurs)	roast chicken stuffing green beans challah roll	gefilte fish pasta beets

Menus are subject to change due to the availability of food items



***Daily cold pack** - juice or fruit, milk alternative/dairy product, bread

PLEASE NOTE: All food prepared by our caterer is considered MEAT.
Therefore, any dairy is intended for separate consumption.

WEEK OF AUGUST 17 – AUGUST 21

	Hot	Cold
Monday	breaded chicken cutlets potato latke green beans	kani salad (imitation crabmeat) penne cole slaw
Tuesday (delivered Mon)	vegetarian rice & beans spinach	chicken salad macaroni salad cucumbers
Wednesday	spaghetti & meatballs mixed vegetables	grilled vegetable wrap orzo beets
Thursday (delivered Wed)	turkey meatloaf rice pilaf corn	Israeli couscous w tofu carrot sticks
Friday (delivered Thurs)	roast chicken kugel carrots	chopped liver pate bowties w kasha cherry tomatoes



Menus are subject to change due to the availability of food items



***Daily cold pack** - juice or fruit, milk alternative/dairy product, bread

PLEASE NOTE: All food prepared by our caterer is considered MEAT.
Therefore, any dairy is intended for separate consumption.

WEEK OF AUGUST 24 – AUGUST 28

	Hot	Cold
Monday	chicken stir fry lo mein snow peas	crepe w fruit filling orzo cherry tomatoes
Tuesday (delivered Mon)	sausage & peppers brown rice carrots	chicken salad potato salad cole slaw
Wednesday	grilled chicken cutlets sweet potato corn	turkey sandwich macaroni salad beets
Thursday (delivered Wed)	baked fish orzo mixed vegetables	grilled chicken Caesar salad couscous chick peas
Friday (delivered Thurs)	roast chicken stuffing green beans challah roll	bagel w lox tomato onion

Menus are subject to change due to the availability of food items