Message from our PRESIDENT

Dear Friends.

We never stand still. The past year brought expansion of Jewish Family Service's Monroe facility, which now houses Cafe Europa, an expanded Congregate Nutrition program and kosher food pantry, and more clinical offices. Transportation to programs and medical appointments increased. The gala honored Jewish Social Services, our longtime partner. Holocaust survivors and immigrants seeking citizenship received maximum support. The Board is grateful to our staff for its resilient emergence from Covid restrictions and to our volunteers who provide key support.

We look forward to another extraordinary year.

Sincerely,

fol B Heckelman

Sol Heckelman, JFS Board President 2023

Message from our EXECUTIVE DIRECTOR

Dear JFS Family:

What a year 2023 has been! JFS saw unprecedented activity and impact. We served more seniors through Lunches with Friends across 5 Middlesex County locations, assisted record numbers of immigrants with applications and citizenship, and saw growth in our services for Holocaust survivors, kosher food pantries, counseling, and job seekers.

In 2023:

- 34.805 kosher meals were delivered to homebound seniors
- 5,869 bags of kosher food were distributed
- 4,001 counseling sessions were provided
- 205 women participated in Women's Center workshops
- 202 immigrants achieved U.S. citizenship
- 195 Holocaust survivors received critical services

We look forward to the opportunities and challenges ahead, made possible by our dedicated supporters. May the new year bring health and happiness to you and your loved ones.

With gratitude,

Romsalkin

Roni Salkin, JFS Executive Director

OUR IMPACT 2023 Service Highlights



205 jobseekers received 4,2229 hours of career services from the Women's and Career Centers

4.001 sessions of mental health counseling were provided to **217 individuals**



3.926 people brought home 5,869 bags of food from our kosher pantries

34,805 meals were delivered to 173 homebound seniors through **Kosher Meals on Wheels**

OUR MISSION

Founded in 1969

Jewish Family Services of Middlesex County is a nonprofit human services agency whose mission, rooted in Jewish values, is to help all individuals and families in need realize an improved life experience at home, in the workplace, and in the community.

We pursue these aims by providing effective social advocacy through services. counseling. and responsive, caring programs.

Thank you so much for helping me always even on days I wasn't myself .-- Women's Center Client

30,000+

Individuals from all backgrounds benefit from JFS programs every year

195 Holocaust survivors received 188,732 hours of essential homecare



243 legal permanent residents attended JFS citizenship classes; 202 became U.S. Citizens

Senior Medicare Patrol of New Jersev advocates spent 5,032 hours fighting Medicare fraud, waste, and abuse, and educated 5,644 people via group outreach and millions via media outreach



State Health Insurance Program (SHIP) counselors provided 1,593 hours helping 2,034 beneficiaries navigate Medicare options

OUR PROGRAMS

How We Help

JFS Middlesex provides a diverse range of services to empower people from all backgrounds. Our programs enhance holistic wellness and support individuals and families in achieving a richer, more fulfilling life at home, at work, and within the community. JFS serves NJ residents and beyond through:

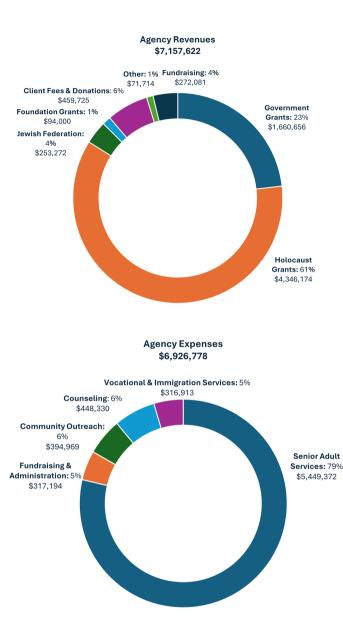
- Career Center
- Counseling Services
 Senior and Holocaust
- Immigration &



- Kosher Food Pantries
- **Survivor Services**



BY THE NUMBERS





For every dollar of revenue spent, 95¢ directly supports JFS programs

Executive Committee

Sol Heckelman, President Jeffrey Einbond, VP Professional Services Jack Goldberg, VP Fund Development Vickie Solomon, President Emeritus Bernie Sokal, VP Board Development Naomi Trachtenberg, Recording Secretary Jerrold Trub, Treasurer

Trustees

Vivian Beenstock Michael Bernstein Frank Facchini Jason Fruhschein Murray Katz Sara Levine Michael Menaker Shani Narra Connie Pizarro Shana Siegel Bart Weinstein

Thank You...

TO OUR VOLUNTEERS: Your time and talents have an immeasurable impact on the lives of the families we help.

TO OUR FUNDERS: Your donations, grants, and contributions are vital to our shared mission of building stronger communities.

TO OUR STAFF: Your energy and passion drive JFS forward every single day and inspire our vision of being an asset to Middlesex County residents.

Jewish Family Services of Middlesex County (JFS) is a 501(c)3 nonprofit empowering people of all ethnicities, religions, genders, and backgrounds.

To learn more about JFS and to donate, visit www.jfsmiddlesex.org.



ועידת התביעות Claims Conference Conference on Jewish Material Claims Against Germany

Locations: 219C Blackhorse Lane, North Brunswick, NJ 08902 1600 Perrineville Rd, Suite 26, Monroe Township, NJ 08831

ANNUAL REPORT 2023





Enriching Lives Across All Communities

Celebrating over 55 years of Service & Growth

www.jfsmiddlesex.org 732.777.1940