

*Daily cold pack - juice, low-fat milk, fruit cup or applesauce

<u>PLEASE NOTE</u>: All food prepared by our caterer, The Orchid, is considered MEAT. Therefore, the milk is intended for <u>separate</u> consumption.

WEEK OF APRIL 3 – APRIL 7

| | Hot | Cold |
|---------|---|---|
| Monday | breaded chicken brown rice mixed vegetables | tuna salad potato salad cole slaw |
| Tuesday | spaghetti & meatballs In marinara green beans | grilled chicken Caesar salad macaroni salad carrot sticks |

Wednesday FROZEN KOSHER FOR PASSOVER MEALS ONLY

Thursday JFS CLOSED FOR PASSOVER

Friday JFS CLOSED FOR PASSOVER—NO DELIVERY









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WEEK OF APRIL 10 – APRIL 14

Hot Cold

Monday PASSOVER—NO DELIVERY

Tuesday PASSOVER

Wednesday JFS CLOSED FOR PASSOVER—NO DELIVERY

Thursday JFS CLOSED FOR PASSOVER—NO DELIVERY

Friday FROZEN MEALS ONLY AFTER PASSOVER

The Jewish Federation No THEIRIVING TOOLETHIRE





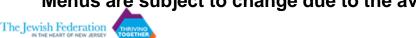
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WEEK OF APRIL 17 – APRIL 21

| | Hot | Cold |
|-----------------------------|--|---|
| Monday | trky meatloaf sweet potato corn | egg salad orzo cucumbers |
| Tuesday (delivered Mon) | chicken stir fry lo mein snap peas | baked fish potato salad carrot sticks |
| Wednesday | turkey breast mashed potato mixed vegetables | corned beef sandwich macaroni salad cole slaw |
| Thursday (delivered Wed) | pareve eggplant parm angel hair green beans | quinoa salad w chicken chick peas cherry tomatoes |
| Friday | roast chicken kugel carrots challah roll | gefilte fish pasta beets |









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WEEK OF APRIL 24 – APRIL 28

| | Hot | Cold |
|-----------------------------|---|---|
| Monday | stuffed cabbage potato carrots | grilled chicken sandwich chick peas cucumbers |
| Tuesday (delivered Mon) | breaded fish brown rice corn | chicken salad shells carrot sticks |
| Wednesday | chicken marsala penne mixed vegetables | turkey sandwich macaroni salad beets |
| Thursday (delivered Wed) | trky meatballs/br sauce noodle kugel peas & carrots | tuna salad potato salad cole slaw |
| Friday | roast chicken stuffing green beans challah roll | chopped liver couscous cherry tomatoes |

Menus are subject to change due to the availability of food items



