

**\*Daily cold pack** - juice, low-fat milk, fruit cup or applesauce

**PLEASE NOTE:** All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF JUNE 6 – JUNE 10**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	<b>CLOSED FOR SHAVUOT</b>	
<b>Tuesday</b>	<b>USE SHELF STABLE MEALS</b>	
<b>Wednesday</b>	breaded chicken brown rice mixed vegetables	baked fish shells cucumber
<b>Thursday</b> (delivered Wed)	<b>spaghetti &amp; meatballs</b> in marinara peas	grilled chicken sandwich chick peas carrot sticks
<b>Friday</b>	roast chicken kugel carrots challah roll	white bean salad w roasted veggies couscous cherry tomatoes



**Menus are subject to change due to the availability of food items**

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**WEEK OF JUNE 13 – JUNE 17**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	turkey meatloaf sweet potato mixed vegetables	grilled vegetable wrap shells cucumbers
<b>Tuesday</b> (delivered Mon)	<b>pareve eggplant parm</b> penne peas	fish taco potato salad carrot sticks
<b>Wednesday</b>	chicken stir fry lo mein snow peas	turkey sandwich macaroni salad cole slaw
<b>Thursday</b>	<b>meat lasagna</b> couscous green beans	chicken salad chick peas cherry tomatoes
<b>Friday</b>	roast chicken stuffing green beans challah roll	gefilte fish pasta beets

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**WEEK OF JUNE 20 – JUNE 24**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	<b>beef burger</b> mashed potato snow peas	tuna salad potato salad carrot sticks
<b>Tuesday</b> (delivered Mon)	turkey breast sweet potato mixed vegetables	grilled chicken Caesar salad orzo cucumbers
<b>Wednesday</b>	grilled chicken brown rice carrots	turkey sandwich macaroni salad cole slaw
<b>Thursday</b> (delivered Wed)	<b>breaded fish</b> brown rice peas & carrots	turkey sandwich chick peas beets
<b>Friday</b>	roast chicken kugel carrots challah roll	chopped liver bowties w kasha cherry tomatoes



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**WEEK OF JUNE 27 – JULY 1**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	chicken marsala angel hair peas	grilled chicken sandwich orzo cole slaw
<b>Tuesday</b> (delivered Mon)	<b>baked fish</b> rice pilaf mixed vegetables	quinoa salad w chicken potato salad cucumbers
<b>Wednesday</b>	<b>stuffed cabbage</b> potato corn	grilled vegetable wrap macaroni salad carrot sticks
<b>Thursday</b> (delivered Wed)	<b>trky meatballs/br sauce</b> rice peas & carrots	fish taco shells chick peas
<b>Friday</b>	roast chicken stuffing green beans challah roll	white bean salad w roasted veggies couscous cherry tomatoes

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