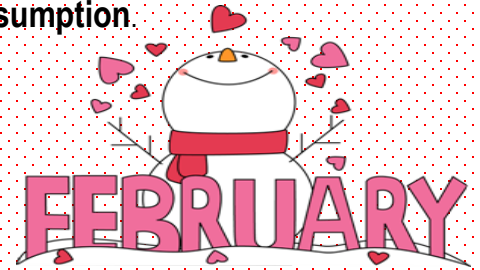


**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

**PLEASE NOTE:** All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF FEBRUARY 3 – FEBRUARY 7**



**Hot**

**Cold**

**Monday**

Meatloaf  
Mashed Potato  
Spinach

Quinoa Salad W Chicken  
Macaroni Salad  
Cucumbers

**Tuesday**

Chicken Stew  
Israeli Couscous  
Mixed Vegetables

Corned Beef Sandwich  
Potato Salad  
Cole Slaw

**Wednesday**

Sausage And Peppers  
Rice  
Green Beans

Grilled Chicken Sandwich  
Mixed Greens  
Chick Peas

**Thursday**

Chicken Marsala  
Penne  
Zucchini

Grilled Vegetable Wrap  
Orzo  
Cherry Tomatoes

**Friday**

Roast Chicken  
Mushroom & Barley  
Carrots  
Challah Roll

Gefilte Fish  
Pasta  
Beets

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

Beef Burger  
Breaded Chicken Cutlet  
Grilled Chicken Cutlet  
Roast Chicken

**COLD**

Tuna Salad  
Egg Salad  
Chicken Salad  
Flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

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**WEEK OF FEBRUARY 10 – FEBRUARY 14**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	Vegetable Burger Mashed Potato Zucchini	Kana Salad (Imitation Crabmeat) Chick Peas Beets
<b>Tuesday</b>	Chicken Cacciatore Bowties Mixed Vegetables	Turkey Sandwich Potato Salad Cole Slaw
<b>Wednesday</b>	Stuffed Cabbage Rice Carrots	Tuna Salad Macaroni Salad Cucumbers
<b>Thursday</b>	Chicken Teriyaki Potato Spinach	Grilled Chicken Caesar Salad Shells Mixed Greens
<b>Friday</b>	Roast Chicken Knish Green Beans Challah Rolls	Chopped Liver Bowties W Kasha Cherry Tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

Beef Burger  
Breaded Chicken Cutlet  
Grilled Chicken Cutlet  
Roast Chicken

**COLD**

Tuna Salad  
Egg Salad  
Chicken Salad  
Flounder

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**WEEK OF FEBRUARY 17 – FEBRUARY 21**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	Grilled Chicken Sweet Potato Zucchini	Egg Salad Macaroni Salad Cole Slaw
<b>Tuesday</b>	Turkey Franks Shells Mixed Vegetables	Baked Flounder Orzo
<b>Wednesday</b>	Breaded Fish Mashed Potato Spinach	Corned Beef Potato Salad Cucumbers
<b>Thursday</b>	Breaded Chicken Penne Green Beans	Quinoa Salad W Chicken Chick Peas Cherry Tomatoes
<b>Friday</b>	Roast Chicken Mushroom & Barley Carrots Challah Roll	Gefilte Fish Pasta Beets

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

Beef Burger  
Breaded Chicken Cutlet  
Grilled Chicken Cutlet  
Roast Chicken

**COLD**

Tuna Salad  
Egg Salad  
Chicken Salad  
Flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

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**WEEK OF FEBRUARY 24 – FEBRUARY 28**

	<b>Hot</b>	<b>Cold</b>
<b>Monday</b>	Spaghetti & Meatballs In Marinara Zucchini	Grilled Chicken Sandwich Potato Salad Beets
<b>Tuesday</b>	Turkey Breast Sweet Potato Mixed Vegetables	Grilled Vegetable Wrap Orzo Chick Peas
<b>Wednesday</b>	Beef Burger Mashed Potato Carrots	Kana Salad (Imitation Crabmeat) Shells Mixed Greens
<b>Thursday</b>	Stuffed Cabbage Rice Spinach	Chicken Salad Macaroni Salad Cucumbers
<b>Friday</b>	Roast Chicken Knish Green Beans Challah Rolls	Chopped Liver Bowties W Kasha Cherry Tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

Beef Burger  
Breaded Chicken Cutlet  
Grilled Chicken Cutlet  
Roast Chicken

**COLD**

Tuna Salad  
Egg Salad  
Chicken Salad  
Flounder