


January 2020

		WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST	FRIDAY 9:30 AM CONTINENTAL BREAKFAST
		Menu or Food is a subject to change at the discretion of the provider	
MONDAY	TUESDAY	<p>1</p> <p>Closed for New Year's Day</p>  <p>HAPPY NEW YEAR</p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">THURSDAY</p> <p>3</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM- Surprise Speaker <p><u>Roast Chicken</u></p>
		<p>8</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Flexercise • Trivial Pursuit <p><u>Eggplant Parmesan, Salad, Fruit</u></p>	<p>10</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM- Surprise Speaker • Exercises with Balls <p><u>Roast Chicken</u></p>
		<p>15</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicle • Stories of Heroism • Exercises <p><u>Pizza, Salad, Desert</u></p>	<p>17</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Games • Hand Massages <p><u>Roast Chicken</u></p>
		<p>22</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Who Am I? • Light Yoga <p><u>Baked Ziti, Salad, Desert</u></p>	<p>24</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Arts and Crafts <p><u>Roast Chicken</u></p>
		<p>29</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Movie (to be announced) <p><u>Pasta, Salad, Fruit</u></p>	<p>31</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Virtual Tour to Israel <p><u>Roast Chicken</u></p>