

December 2019

		WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM			FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	
		Menu or Food is a subject to change at the discretion of the provider				
MONDAY	TUESDAY	4 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Flexercises 12:30 Movie Trivia 1:00 Baking <u>Breaded Fish, Rice Pilaf, Salad, Fruit</u>	THURSDAY	6 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:00 Massages with hand Cream <u>Roast Chicken</u>		
		11 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Exercises 10:30 Movie (to be announced) 12:30 Scrabble <u>Eggplant Parmesan, Salad, Fruit</u>		13 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Speaker Angie from Medicare Patrol 10:30 Arts and Crafts 12:30 Uno <u>Roast Chicken</u>		
		18 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman - Storyteller 12:30 Singing Broadway <u>Pizza, Salad, Desert</u>		20 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Hanukkah Celebration 10:30 Surprise Singer 12:30 Exercises with Balls <u>Roast Chicken</u>		
	25  <p style="text-align: center;">Closed for Christmas Day</p> <p style="text-align: center;"><i>Happy Holidays and a Great New Year</i></p>		27 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 New Year's Stories 12:30 Exercises 1:00 Quiet Meditation <u>Roast Chicken</u>			