

October 2019

WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM Menu or Food is a subject to change at the discretion of the provider		FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	
MONDAY	TUESDAY	THURSDAY	FRIDAY
	2		4
	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:30 Exercise with Balls 1:00 Baking with Microwave</p> <p style="text-align: center;"><u>Eggplant Parmesan, Salad, Fruit</u></p>	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Scrabble and Trivia 12:30 Exercises 12:30 Hand Massages</p> <p style="text-align: center;"><u>Roast Chicken</u></p>	
	9		11
	  <p style="text-align: center;">Closed for Yom Kippur</p>	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:30 Crossword Puzzles</p> <p style="text-align: center;"><u>Roast Chicken</u></p>	
	16		18
	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman - Storyteller 12:30 Pictionary</p> <p style="text-align: center;"><u>Pizza, Salad, Desert</u></p>	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Ian Gallagher - Singer 12:30 Movies</p> <p style="text-align: center;"><u>Roast Chicken</u></p>	
	23		25
	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Dr. Sing on Fall Prevention 12:30 Jewelry Making</p> <p style="text-align: center;"><u>Baked Ziti, Salad, Desert</u></p>	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Stories of the Autumn 1:00 TV Shows</p> <p style="text-align: center;"><u>Roast Chicken</u></p>	
	30		
	<p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Bingo, Scrabble, Games 12:30 Exercises 1:00 Jeopardy</p> <p style="text-align: center;"><u>Fish, Orzo, Salad, Fruit</u></p>		