Jewish Family Services of Middlesex County 32 Ford Avenue, Second Floor, Milltown, NJ 08850 (732) 777-1940 1600 Perrineville Road, Suite 52, Monroe Twp., NJ 08831 (609) 395-7979

Kosher Meals on Wheels

Word Power

Perfect Pairs

- 1. SAIL
- 2. SAVOR_____
- 3. SEALING
- 4. SHEAR
- 5. STAFF
- 6. SOUL
- 7. STYLE

Humor from Top-25 Jewish Comedians of All Time Rodney Dangerfield

"I told my psychiatrist that everyone hates me. He said I was being ridiculous. Everyone hasn't met me yet."

There is nothing I like better at the end of a hot summer's day than taking a short walk around the garden. You can smell the heat coming up from the earth to meet the cooler night air. — Peter Mayle

Summer is the annual permission slip to be lazy. To do nothing and have it count for something. — Regina Brett

AUGUST 2019

he Kosher Konnect

What Are Tisha B'Av & the Three Weeks?

By Rabbi Shraga *excerpted from Aish.com

The "Three Weeks" between the 17th of Tammuz and Tisha B'Av have historically been days of misfortune and calamity for the Jewish people. During this time, both the First and Second Temples were destroyed, among other tragedies.

During this time, various aspects of mourning are observed by the entire nation. We minimize joy and celebration—no weddings are held, we do not listen to music, nor are there haircuts or shaving. The expressions of mourning take on greater intensity as we approach the day of Tisha B'Av.

Since the attribute of Divine judgment is acutely felt, we avoid potentially dangerous or risky endeavors.

Agonizing over these events is meant to help us conquer those spiritual deficiencies which brought about these tragic events. Through the process of "teshuva"—self-introspection and a commitment to improve—we have the power to transform tragedy into joy. In fact, the Talmud says that after the future redemption of Israel and the rebuilding of the Temple, these days will be re-dedicated as days of rejoicing and festivity.

The beginning of a three-week period of mourning is the 17th of Tammuz, a fast day commemorating the fall of Jerusalem, prior to the destruction of the Holy Temple.

The period commencing with Rosh Chodesh Av is called the "Nine Days." During this time, a stricter level of mourning is observed, in accordance with the Talmudic dictum—"When the month of Av begins, we reduce our joy."

The intensity of morning reaches a peak on Tisha B'Av.

AS A REMINDER, please call in all same-day requests for pick-up by 9 AM at the latest. Also, you must wait until 12 PM or later, after we have finished dispatching the meals, to pick up your order.

e Kosher Konnec (732) 777-1940 1600 Perrineville Road, Suite 52, Monroe Twp., NJ 08831 (609) 395-7979 **Kosher Meals on Wheels** This Month's Trivis August & Summer Facts Pick the right answer.

Jewish Family Services of Middlesex County

combined. Which veggies are they? a. corn & squash

32 Ford Avenue, Second Floor, Milltown, NJ 08850

1.The most traditional birthstone for August is-- a. peridot b. diamond c. topaz 2.What U.S. president's daughter has a July 4th birthday? a. Amy Carter b. Malia Obama c. Chelsea Clinton 3.What is the most popular selling grill meat in summer? a. hotdogs b. chicken c. burgers 4. What are three summer signs of the Zodiac? a. Gemini/Cancer/Leo b. Cancer/Leo/Virgo c. Capricorn/Aquarius/Pisces 5. Of these summertime smells, which one most often stimulates pleasant memories in human beings? c. charred hamburger a. coconut b. cut grass 6. According to U.S. Agriculture statistics these 2 veggies have more sales in August than during all other months

REQUESTING MENU CHANGES ON TIME

b. turnips & squash

c. beans & corn

*excerpted from

Jewlarious.com

If you would like to change your meal for a particular day, you must make that request by 12 noon of the prior day. The prior day means the last day JFS is open for business before the day you need the change.

Therefore, if you wish to make a menu change for Monday, you must make that request by 12 noon of the prior Friday. We are closed on the weekend, so please do not leave messages regarding Monday, as Monday's meals have already been ordered!

LAUGHALITTLE CAREER CHANGE

Abe Horowitz had been a salesman in the garment district for many years, but he was getting tired of the constant battles with customers. So he decided to give up his job and become a police officer instead.

Several months later, a friend asked Abe how he liked his new position. "Well," replied Abe, "the pay is terrible, the hours are long, and I've gained ten pounds from all these donuts, but the one thing I love is that the customer is always WRONG!"

Answers to PERFECT PAIRS: 1. SALE 2. SAVER 3. CEILING 4. SHEER 5. STAPH 6. SOLE 7. STILE

Answers to August Trivia: 1. a 2. b 3. a 4. b 5. b 6. a

FYI - If you always ask for the same type of menu change, you can request a "Standing Order" instead of calling the office each time. For example, if you don't wish to eat any hot meal of beef, you can request a "Standing Order" to substitute roast chicken any time beef comes up on the menu.

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