

July 2019

		WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM			FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	
		Menu or Food is a subject to change at the discretion of the provider				
MONDAY	TUESDAY	3	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Nutrition Tips 11:00 Crafts 12:30 Baking in Microwave <u>Eggplant Parmesan, Salad, Fruit</u>	THURSDAY	5	Closed for Independence Day
		10	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Exercise with Balls 12:30 Word Challenge 1:00 Hand Massages <u>Fish, Orzo, Salad, Desert</u>		12	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Speaker to be Announced 12:30 Games 1:00 Trivial Pursuit <u>Roast Chicken</u>
		17	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Jewish Historical Society 12:30 Uno <u>Pizza, Salad, Desert</u>		19	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Organizer Specialist "Put it There" 12:30 TV Shows <u>Roast Chicken</u>
		24	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman – Story Teller 12:30 Light Yoga 1:00 Movies <u>Baked Ziti, Salad, Desert</u>		26	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:30 Jeopardy 1:00 Geography of Italy <u>Roast Chicken</u>
		31	9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Ice-cream Party 11:30 Exercise with Judy 12:30 Summer Facts <u>Surprise Lunch</u>			