

May 2019



		WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM
		Menu or Food is a subject to change at the discretion of the provider	
MONDAY	TUESDAY	<p>1</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 History Trivia 11:00 Exercises 12:30 Aroma Therapy</p> <p>Eggplant Parmesan, Salad, Fruit</p>	<p>3</p> <p>9:00 Meet and Greet 9:30 Daily Chronicle 10:00 Speaker – Carl Archer, Elder Attorney 12:30 Hand Massages</p> <p>Roast Chicken</p>
		<p>8</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Words Misfits 12:30 Flexercise 1:00 Baking in Microwave</p> <p>Fish, Orzo, Salad, Desert</p>	<p>10</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Open Table Games 12:30 Lotto Game 1:00 Bingo</p> <p>Roast Chicken</p>
		<p>15</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Jewish Historical Society 12:30 Movie</p> <p>Pizza, Salad, Desert</p>	<p>17</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Ian Gallagher – Singer 12:30 Scrabble</p> <p>Roast Chicken</p>
		<p>22</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Word Challenges 12:30 Exercise with Balloons 1:00 History Quiz</p> <p>Baked Ziti, Salad, Desert</p>	<p>24</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Organizer Specialist” Put it Here” 12:30 Word Games</p> <p>Roast Chicken</p>
		<p>29</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman – Storyteller 12:30 Coloring for Adults</p> <p>Vegetable Pasta, Salad, Desert</p>	<p>31</p> <p>9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:30 Yoga</p> <p>Roast Chicken</p>