

March 2019

WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST

FRIDAY 9:30 AM CONTINENTAL BREAKFAST

Menu or Food is a subject to change at the discretion of the provider



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM: Speaker Angela from Preferred Healthcare <p style="text-align: center;"><u>Roast Chicken</u></p>
	6	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Senior Zumba • Games, Bingo <p style="text-align: center;"><u>Grilled Chicken, Sweet Potato, Green Beans</u></p>	8	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM: Angela from JFS on Scams and Medicare <p style="text-align: center;"><u>Roast Chicken</u></p>
	13	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicle • 10 AM Marlene Herman, Story Teller <p style="text-align: center;"><u>Chuck Roast, Mashed Potato, Zucchini</u></p>	15	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Music and Memory Part 2 <p style="text-align: center;"><u>Roast Chicken</u></p>
	20	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Tic Tac Toe Games • Book Discussion <p style="text-align: center;"><u>Meatloaf, Mashed Potato, Mixed Vegetables</u></p>	22	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM: Speaker Jess from Care Street <p style="text-align: center;"><u>Roast Chicken</u></p>
	27	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM: Speaker Bernie Sokal on Scams & Senior Information <p style="text-align: center;"><u>Beef Stew, Noodles, Carrots</u></p>	29	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Exercise • Hand Massages <p style="text-align: center;"><u>Roast Chicken</u></p>