


March 2019

		WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM
		Menu or Food is a subject to change at the discretion of the provider	
MONDAY	TUESDAY		<b>1</b> 9:00 Meet and Greet 9:30 Daily Chronicle 10:00 Speaker Angela from Preferred Healthcare 12:30 Sing Along  <u>Roast Chicken</u>
	<b>6</b>		9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Senior Zumba 12:30 Games, Bingo 1:00 Flowers Arranging <u>Grilled Chicken, Sweet Potato, Zucchini</u>
	<b>13</b>	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman – Story Teller 12:30 Music and Memory Part 1  <u>Chuck Roast, Mashed Potato, Zucchini</u>	<b>15</b> 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Music and Memory Part 2 12:30 Charades  <u>Roast Chicken</u>
	<b>20</b>	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Tic Tac Toe games 11:30 Book Discussion 12:30 Movie " Sounds of Music"  <u>Meatloaf, Mashed Potato, Mixed Vegetables</u>	<b>22</b> 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Speaker Jess from Care Street 12:30 Adult Coloring  <u>Roast Chicken</u>
	<b>27</b>	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Bernie Sokal on Scams & Senior Information 12:30 Cupcake Decoration  <u>Beef Stew, Noodles, Carrots</u>	<b>29</b> 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Exercises 12:30 Hand massages 1:00 Music and Memory Part 3  <u>Roast Chicken</u>