

# Kosher Meals on Wheels

# The Kosher Konnection

## Word Power

### Vocabulary Building



*\*For each word listed,  
choose the best definition*

- PALTRY** a. worthless, insignificant  
b. cautious c. something added
- IMPETURBABLE** a. secret agreement  
b. emotional outburst  
c. incapable of getting upset
- UNREMITTING** a. to waiver b. never stopping  
c. non-religious
- BUCOLIC** a. characteristic of country or shepherds  
b. traveling c. to accuse falsely
- VACILLATE** a. to waiver or be indecisive  
b. secret agreement  
c. something added
- DILETTANTE** a. worthless b. an admirer or dabbler in fine arts  
c. steady
- PROFANE** a. non-religious b. a command  
c. fragrant



### IRISH WISDOM for St. Patrick's Day

**You've got to do your own growing, no matter how tall your father was.**

**Where the tongue slips, it speaks the truth.**

**A good laugh and a long sleep are the two best cures.**

## MARCH 2019

**\*Daylight Savings Begins Sunday 3/10**

**\*St. Patrick's Day—Sunday 3/17**

**\*Happy Purim—Thursday 3/21**



### The Secret to Esther's Beauty by Rabbi Tzvi Nightingale excerpted from Aish.com

Of all the lovely ladies (of the Purim story), how did Esther suddenly become the new "It Girl" and get thrust into the limelight and palace? Was she so stunningly beautiful (that) she looked way better than all the other contestants?

The Book of Esther reveals her secret by mentioning that the King loved her more than any of the women for "she had grace and kindness over all the others." Apparently it was not just her good looks but this "grace and kindness" that did the trick in securing her victory.

And herein lies the secret to real beauty. There is no denying that pure physical beauty has a certain power and magnetism that makes heads turn. But this alone is not enough to make one an extremely attractive person who can capture the heart and imagination of a king upon first sight. Indeed we have all met very good-looking people who quickly become ugly as soon as they open their mouth.

The Talmud relates that anyone who met Esther thought that she was from that person's nation. By giving another this total and undivided attention, every person who came in contact with Esther felt she knew and understood them so well that she must have come from their locale.

Furthermore, Esther's reluctance to be the Queen was a crucial factor in winning over the King. She was not the least bit interested in formally being declared a Queen because she already knew that she was one.

The irony is that those in constant need for validation never really get the respect they so crave. However, those who are secure and happy in their knowledge of themselves always end up becoming honored Kings and Queens in the eyes of family, friends, and anyone who might have the good fortune to be in their presence.

As the Talmud so aptly puts it:

*One who runs after honor, honor flees from him.*

*One who flees from honor, honor runs after him.*

**FYI - As a reminder, please call in all same-day requests for pick-up by 9 AM at the latest. Also, you must wait until 12 PM or later, after we have finished dispatching the meals, to pick up your order.**

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## This Month's Trivia

## PURIM TRUE OR FALSE

Indicate whether each statement about Purim is True or False

1. Queen Esther's Hebrew name was Hadassah.
2. Mordechai was the first person in history to be called a Jew.
3. King Achashverosh did not consider anyone else before choosing Esther as his Queen.
4. God's name is not mentioned, not even once, in the entire Book of Esther.
5. Mordechai was a descendant of King Solomon.
6. When there is a leap year (Adar I & II), Purim falls in Adar I.
7. Haman was hanged during Passover.
8. The word Purim means "celebration."
9. Orthodox Jews fast the day before Purim.
10. Mordechai was a young man.

### FYI—Our Caterer's Kashrut

The caterer for our Meals on Wheels program, the Orchid of Metuchen, uses only Glatt Kosher meats, which reflects the highest standard of kashrut. Kashrut is assured through supervision by Star K, an Orthodox Kashrut organization.

The current Kosher Certification letter provided by Star K is in effect until October 31, 2019. You may ask to see a copy of this certificate at any time.

## LAUGH A LITTLE AN IMPATIENT PATIENT

\*excerpted from  
Jewlarious.com

Shira, an aging woman from Tel Aviv, rushes to see her doctor, looking very much worried and stressed out.

Shira rattles off, "Dr. Cohen, take a look at me. When I woke up this morning, I looked at myself in the mirror and saw my hair all wiry and frazzled up, my skin was all wrinkled and pasty, my eyes were blood-shot and bugging out. And even worse, I had this corpse-like look on my face! What's wrong with me, Doctor?"

Dr. Cohen looks Shira over for a couple of minutes, then calmly says, "Well, Shira, I can tell you one thing with certainty...there's nothing wrong with your eyesight!"

Answers to **VOCABULARY BUILDING** 1. a 2. c 3. b 4. a 5. a 6. b 7. a

Answers – Purim True or False: 1.T 2.T 3.F (he searched for four years) 4.T 5.F (King Saul) 6. F (Adar II) 7.T 8.F (lot) 9.T 10.F (old man)

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**FYI — KMOW** If you always ask for the same type of menu change, you can request a "Standing Order" instead of calling the office each time. For example, if you don't wish to eat any hot meal of beef, you can request a "Standing Order" to substitute roast chicken any time beef comes up on the menu. FYI - As a reminder, please call in all same-day requests for pick-up by 9 AM at the latest. Also, you must wait until 12 PM or later, after we have finished dispatching the meals, to pick up your order.