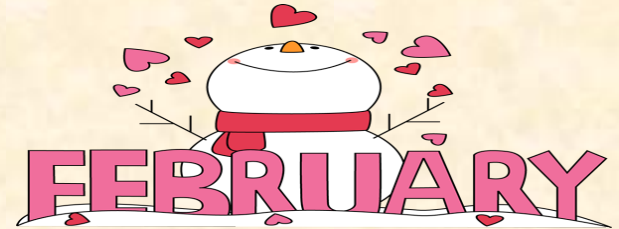


**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

**PLEASE NOTE:** All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF FEBRUARY 4 – FEBRUARY 8**



	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	Beef Burger Mashed Potato Green Beans	Grilled Chicken Sandwich Orzo Mixed Greens
<b>Tuesday</b>	Turkey Breast Sweet Potato Mixed Vegetables	Corned Beef Sandwich Macaroni Salad Cole Slaw
<b>Wednesday</b>	Stuffed Cabbage Potato Zucchini	Quinoa Salad W Chicken Pasta Salad Cherry Tomatoes
<b>Thursday</b>	Chicken Teriyaki Rice Spinach	Chicken Salad Chick Peas Cucumbers
<b>Friday</b>	Roast Chicken Mushroom & Barley Carrots Challah Roll	Gefilte Fish Pasta Beets

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b>COLD</b>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

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**WEEK OF FEBRUARY 11 – FEBRUARY 15**

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	Grilled Chicken Potato Carrots	Turkey Sandwich Orzo Cucumbers
<b>Tuesday</b>	Chuck Roast Sweet Potato Mixed Vegetables	Tuna Salad Macaroni Salad Cole Slaw
<b>Wednesday</b>	Turkey Franks Rice Zucchini	Grilled Chicken Caesar Salad Potato Salad Mixed Greens
<b>Thursday</b>	Beef Goulash Noodles Spinach	Egg Salad Pasta Salad Chick Peas
<b>Friday</b>	Roast Chicken Knish Green Beans Challah Roll	Chopped Liver Bowties W Kasha Cherry Tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b><u>COLD</u></b>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

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**WEEK OF FEBRUARY 18 – FEBRUARY 22**

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	Breaded Fish Mashed Potato Broccoli	Baked Flounder Potato Salad Cole Slaw
<b>Tuesday</b>	Pepper Steak Rice Green Beans	Quinoa Salad W Chicken Orzo Chick Peas
<b>Wednesday</b>	Meatloaf Mashed Potato Mixed Vegetables	Grilled Chicken Salad Macaroni Salad Cherry Tomatoes
<b>Thursday</b>	Chicken Stew Noodles Zucchini	Corned Beef Sandwich Pasta Salad Cucumbers
<b>Friday</b>	Roast Chicken Mushroom & Barley Carrots Challah Roll	Gefilte Fish Pasta Beets

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b><u>COLD</u></b>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

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**WEEK OF FEBRUARY 25 – MARCH 1**

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	Chicken Marsala Bowties Zucchini	Turkey Sandwich Macaroni Salad Mixed Greens
<b>Tuesday</b>	Vegetable Potato Mixed Vegetables	Chicken Salad Tabouli Chick Peas
<b>Wednesday</b>	Chicken Francaise Penne Green Beans	Tuna Salad Pasta Salad Cucumbers
<b>Thursday</b>	Breaded Chicken Orzo Spinach	Grilled Chicken Caesar Salad Potato Salad Cherry Tomatoes
<b>Friday</b>	Roast Chicken Knish Green Beans Challah Roll	Chopped Liver Bowties W Kasha Cherry Tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b><u>COLD</u></b>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder