



# Help & Happenings

## One Community Gala

Our One Community Gala held at Rutgers Hillel was an outstanding success for Jewish Family Services of Middlesex County and the community whom we serve. We accomplished our goal of raising well-over \$100,000 which will be put to good use. It will further our mission of helping all the individuals and families in need realize an improved life experience at home, in the workplace, and in the community. We are grateful for the generosity of our sponsors, supporters and to those that helped us by opening their hearts and raising their hands for The Help, Heart & Hand Auction. The funds raised by all the ads and tributes, placed in the well-received ad journal exceeded our expectations. These contributions make a huge difference in the lives of the people who receive help from JFS; whether it's programs for seniors, women, Holocaust Survivors, families or immigrants.

Beginning with the great cocktail hour, the wonderful photo booth, the lavish buffet, an amazing orchestra and especially being able to recognize the individuals who help make the work of JFS possible, it couldn't have been better. The evening concluded with a delicious dessert and coffee bar, along with the anticipated Basket Raffle. We were overjoyed to see the number of items contributed by our donor family for this fun part of the

evening. The winners left with smiles on their faces and the cruise raffle winner is looking forward to planning his trip.

We are so lucky to have the support from people who believe in JFS. We couldn't continue our efforts without them. We want to thank everyone that invests in our organization and in the people who benefit from our services. We'll update you throughout the year with what is happening at JFS and let you know of any upcoming special occasions. We hope you will be part of our next event, where individuals like yourself help us provide the programs and services for individuals throughout Middlesex County!

Call us at any time (732-777-1940) to find out more about Jewish Family Services and how you can assist us in other ways before our next One Community Gala. The kindness and commitment of our donors is what enables us to give our support to the community.

**Jeff Einbond**



**June 24, 2018**



**Rutgers Hillel**



# JRecovery - Strength, Hope And Support



## ADMINISTRATION

Mark Hauerstock,  
Chief Financial Officer

Lisa Mason,  
Executive Administrator

Debby Alter,  
VP Immigration Services

Roni Salkin,  
VP Career Services

June Stern,  
VP Clinical & Senior Services

Charles Clarkson,  
VP Senior Medicare Patrol

Michelle Beley-Bianco,  
VP Volunteer Services

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JRecovery began about five years ago, right after Passover, with the support of Jewish Family Services and a local Rabbi, familiar with addiction issues.

I had attended 12-Step meetings in churches where the literature was Christian based. The meetings helped but there was always that feeling of uneasiness. Perhaps because of my Jewish heritage, I felt I did not belong. I expressed my discomfort to my husband, Irving. We thought that there had to be other Jewish 12-Step participants who felt the same. We realized how important it was to develop a 12 step Jewish literature group in Middlesex County where Jewish writings and texts were the basis to help recover from addiction and co-dependency for Jews affected by these issues. That is how JRecovery was born.

JRecovery was established to help the Jewish individual using drugs or alcohol. It supports the Jewish family with a child blacking out from a drunken binge. It can offer hope to a loved one when the person they care for has gotten yet another DWI. The Jewish based 12 step program can give a family strength upon discovering heroin use in the home. JRecovery is there for someone who can't stop smoking pot or the person addicted to prescription pain killers or shooting heroin. When the world is falling apart and a person steals from family and friends or turns tricks to pay for the next high, JRecovery is there to help.

From the inception the meetings have offered support to individuals, couples and families struggling with addiction. The ever-changing group members have all received the gift of support and serenity from the JRecovery group. It doesn't matter what position you hold in life, professional titles aren't used, everyone receives the same support, encouragement and comfort equally.

Each meeting is different. Spiritual teachings by respected leaders in the field such as Rabbi Kerry Olitzky or Rabbi Dr. Abraham Twerski may be shared. We may listen to soothing music, meditations or have a Tai Chi demonstration to invigorate and clear our minds. We have the opportunity to present a topic, bring materials to share or offer suggestions for promoting calmness and serenity in our lives. Whatever the helpful topic, JRecovery allows us to learn more about ourselves and become more of who we want to be.

JRecovery at Jewish Family Services offers Jewish individuals and families struggling with addiction, the courage to face reality, change some of life's circumstances and accept what we cannot change. JRecovery gives strength, hope and support to people facing addictions and especially to our family and friends. Our confidential group meetings are free. We meet every Monday from 7:30 to 8:30 pm at JFS, 32 Ford Avenue, Second Floor in Milltown. If you can't attend, call-in: 515-603-3118 pass code: 793614

## Reva

**JRECOVERY**  
For more information contact  
JFS (732-777-1940),  
Reva K (732-890-6312 or  
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or Irving K (732-599-1835  
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# 26 Wonderful Years of My Life

Around the time my son was two years old, I was looking to do some work on a part time basis. In October of 1992 I started with Jewish Family Services working six hours per week. I was a support staff worker in the evenings and on Sunday mornings. Eventually, I started working during the day, also part time. Everyone and anyone answering the phones back then did client intake. We recorded the client's information while at times needing to console them regarding their troubles. We learned on the job and without training how to deal with their emotions and comfort them.

Over the years my duties changed and grew. I learned to enter donations into the system, wrote up tributes and made new client charts. I then started credentialing our counselors, registering and processing the terminations for clients. The Kosher Food Pantry was my next assignment and I eventually became the Kosher Meals on Wheels (KMOW) Dispatcher. After several years I was taught to do medical billing while still in charge of KMOW for a time.

Currently, I am in charge of the medical billing at JFS, handling social worker credentialing along with anything else that needs attention in the office. At JFS there isn't anyone in the support staff that just does one thing. We all pitch in and help with whatever needs to be done.

I have worked under five Executive Directors. I was here for the merger between Jewish Family and Vocational Service and Jewish Family Service of Southern Middlesex County. I helped with our agency's move from East Brunswick to Edison to Milltown and then expanded to Monroe where I currently work. I have seen the changes in our Counseling Services, the growth of Senior Services, worked with our volunteers, observed the evolution of the services JFS provides and witnessed many, many clients come and go. I have had the opportunity to work with so many great staff members over the years as they joined our organization and over time said goodbye as some moved on or retired.

I have learned so much from working at JFS, about people, about systems, about helping our community but mostly I have made so many wonderful friends that will last a lifetime.

**Helena Litowitz**



## Durable Medical Equipment Fraud



**By Charles Clarkson, Project Director, Senior Medicare Patrol of New Jersey**

Durable medical equipment (wheelchairs, knee and back braces, motorized vehicles, canes, walkers and other equipment) that can assist beneficiaries lead a normal life, is an area ripe with fraud. Annually, DME-related fraud and abuse costs the Medicare and Medicaid program millions of dollars or more. Many fraudulent DME companies have appeared across the country.

Some of the more common scams include: ♦ Fraudulent DME companies work with dishonest physicians or steal a physician's identity, to medically certify a beneficiary's need for supplies, steals or purchases Medicare numbers to falsely bill and never deliver. ♦ Costly items include "custom" diabetic shoes, oxygen, nebulizers, and therapeutic mattresses. A beneficiary may be paid a cash "kickback" for selling their Medicare information. ♦ A major fraud concern: Diabetic testing supplies. Beneficiaries (even non-diabetics) are called by unscrupulous providers seeking Medicare information so supplies can be shipped to a patient and billed to Medicare. At times the amount of testing supplies is more than needed even if the service is legitimate.

Beneficiaries can fight back. Here are a few tips on how to do so: ♦ Protect your Medicare number at all times. Keep it at home in a safe place. Don't carry your Medicare card with you except for doctor or hospital visits. In an emergency you will be treated even without your card. ♦ Never accept "free" Medical equipment or services in exchange for your Medicare number. ♦ Carefully review your Medicare Summary Notice. Make sure Medicare is not billed for undelivered or unnecessary equipment. ♦ Never give unsolicited providers who call your Medicare

number and other personal information. DME providers are prohibited from making such calls. ♦ If you suspect fraud, call your NJ Senior Medicare Patrol 877-SMP-4359.

Doctors and other providers are regularly inundated with forms from DME suppliers or requests from patients to approve prescriptions for supplies and other equipment. They are often too busy to perform due diligence. Beneficiaries often fall victim to smooth talking salesmen offering free supplies or may find it appealing to get something for nothing. To help fight the fraud and abuse for DME, Medicare has taken the following steps:

♦ Issued new rules to establish prior approval for certain durable medical equipment, hoping these new rules will prevent unnecessary use of DME. ♦ Established a requirement for prior approval for Power Mobility Devices (such as powered wheelchairs) before the supplier delivers the device to the beneficiary's home. ♦ Established a competitive bidding program in many areas of the country. This program changes the amount Medicare pays suppliers for certain DME, prosthetics, orthotics and supplies and approves providers who supply these items. ♦ They will only cover your DME if your doctors and DME suppliers are enrolled in Medicare. Doctors and suppliers must meet strict standards to enroll and stay enrolled in Medicare. Claims submitted by doctors or suppliers who aren't enrolled will not be paid. Ask your suppliers if they participate in Medicare before getting DME. Participating suppliers accept assignment. Suppliers enrolled in Medicare but aren't "participating," may choose not to accept assignment and there's no limit on the amount they can charge you.

**Any questions about durable medical equipment and what prior approvals may be necessary, call your State Health Insurance Assistance Program (in NJ-1-800-792-8820.) If you suspect fraud, call the Senior Medicare Patrol in your state (in NJ-732-777-1940.)**

# Our Helping Staff – Dedicated Volunteers

We know the caring and professional staff and volunteers at JFS serve our clients and the individuals who need our help with respect, courtesy and compassion. We know they provide the best information possible when they attend fairs or speak at programs. The unsolicited notes, letters and calls we often get say it all.

“Dear Elder Day Personnel,

I wanted to take this brief opportunity to express my sincerest gratitude for Judy Cavaliere. She truly goes far beyond the normal expectations to care for my mom Marilyn C. She treats her with the utmost care and kindness.

My mom has been going to elder day for years now and looks to Judy as family. Judy cares for my mom as if she was her own.

Thank you,

**Monty C”**

Judy Cavaliere



“Dear Mr. Clarkson,

I would like to let you know what a great organizational representative Angela Ellerbe is. Angela has conducted two presentations at Jefferson Chase one on Medicare Fraud and the other on the new Medicare card.

Each time, she comes to Jefferson Chase, our residents learn so much about Medicare benefits, what to look at for involving Medicare Fraud and Medicare in general. Our residents enjoy her presentations which are always professional and informative.

I am very grateful for the work Angela and your organization provide. Your organization is vital in keeping seniors informed and safe from Medicare fraud. I consider Angela a valuable resource and often contact her with Medicare questions.

Thanks again for the service your organization provides.

Thank you for Angela!

Sincerely,

**Sheila Santiago,**

*Service Coordinator,  
Jefferson Chase National Church Residences”*

Angela Ellerbe



## A Kosher Meals On Wheels call

“My husband receives meals on wheels three days a week. The people who deliver are wonderful. One is so outstanding, Isabelle Goldman. She makes such beautiful cards, papers with smiley faces, always has a nice thing to say. I am looking at one now, with wonderful little stickers to bring a little joy into the house.

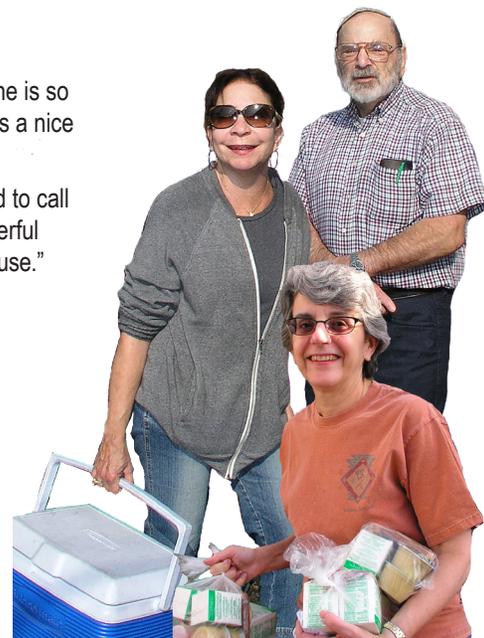
I am speaking for my husband because of his hearing aids he has difficulty on the phone. I just wanted to call and say something positive in this world we are living in. I felt I had to say something about this wonderful volunteer, Isabelle Goldman. I wanted to say thank you. She is a joy and she brings some joy into our house.”

S. F.

## We Care

“Ronnie was my late wife who served as Treasurer of the Jewish Family Service until her untimely death in December 1987. I was 39 at the time with two young children. JFS had a widow/widower support group but it was for older people. The executive director however gave me the names of two people recently widowed with young children. I contacted both and had a few family “dates.”

Jerry T.



## JFS SERVICES THAT MATTER

### CAREER SERVICES

Career Counseling  
Women’s Center

### COMMUNITY SERVICES

Kosher Food Pantry  
Senior Medicare Patrol  
of New Jersey  
JRecovery  
Intake and Referral Desk  
Volunteer Opportunities

### COUNSELING SERVICES

Individual & Family Counseling  
Bereavement Groups

### IMMIGRATION SERVICES

Citizenship Classes  
Immigration Application  
Assistance  
Refugee Services  
Legal Representation  
and Advocacy

### SENIOR SERVICES

Kosher Meals on Wheels  
Geriatric Care Management  
Senior Activity/Lunch Programs  
Senior Adult Social Daycare  
Socialization Clubs  
Holocaust Survivor Services  
Assisted Transportation

# Citizenship - A Letter of Appreciation

"First of all. I consider it an honor and privilege for being a citizen of this land of free and the home of the brave.

Since my childhood the "Star Spangled Banner" whose broad red stripes and bright stars have always attracted me. Apart from this. "George Bush" words – America's greatness was forged by the talents, the hard work and the hopes of people who came to our shore! It was like music to my ears.

I gratefully acknowledge this kindness of these concerned, who made my path towards naturalization smooth and easy.



My journey began as I entered the Jewish Family Organization with hopes and fears. There I met a young girl Jennifer with a brilliant smile. That enlightened me like spring and summer. She filled my naturalization form that was my first step, then for citizenship classes. My citizenship form was taken to Debby Alter. A graceful lovely lady. Who approved my form and gave me new hope. This was my second step towards naturalization.

Peacefully I went back home and forgot all about it. Then nearly a month passed and one day suddenly out of the blue, I received a notice from the federal department summoning me for finger prints, it alarmed me. Now I realized that I knew almost nothing about the most powerful country. I ran to the closet and look on the book Jennifer gave me to prepare for this test along with the phone numbers for Citizenship classes. Without wasting any time, I contacted the receptionist and decided to join the classes. The following Monday after my morning prayers at 5 o'clock, I quickly completed my household work and set out for my naturalization classes at 9:45AM.

It took me about a half an hour to reach the place. The elevator landed me on the 3rd floor of the family success center. I opened the door and met the receptionist Betsy another young pretty girl, who greeted me with a charismatic smile. I bounced back to life. With quick footsteps I entered my classroom. It would not be wrong to call my instructor (John the Baptist)

John's friendly but stern approach as a teacher and tutor helped me in understanding the path to become a US citizen. I further observed that John baptized his students with courage, hope and inspiration. His great patience reminded me of my nursery rhyme. Let in kindly light amid gloom, lead me on. The night is dark and I am far from home lead me on. Indeed John brighten my road to naturalization and in every class, he drew me nearer and near to the final victory. John Tello thank you so much, I mean it!

Our class was a mixed group, representing all the major countries, religion and culture. I felt so proud to be one of them. All excellent human being. It was like another family to me. We all help and push each other to keeping doing better. A few to mention, the rest I apologize I just can't forget Mrs. Chin her innocent and child like replies specially when she answers that my hair was black when I was young and now that's she's old it's white. Mersella young and energetic. Mercedes sound a plum but attractive, Sabara's confusion in understanding the questions. Rosa, Henry, Solanki standing up to answer the question that John asked. John made the class so interesting that I was eager to go every Monday to show him that I did my homework. The mock interviews that John did with us helped me a great deal.

I am sure all my classmates are agree that the ideals and principles laid down in the Constitution of U.S are not just paperwork but they mean it: The Principle of right to life, liberty, and pursuit of happiness are practiced in real sense. The bare of foundation of America's greatness is honesty the best policy.

Here you do not have to fear, what you say, what you write and whom your worship. These unalienable rights practiced freely throughout the United States makes America great.

America's greatness lies in the power of the people (We the people) apart from innumerable inventions and discoveries

Americas greatness is reflected in Martin Luther King, in Susan B. Anthony, in Mohd Ali Khila, in John Roberts, in Abraham Lincoln, John F. Kennedy, etc.

All religions, sects, races, in short the entire human species is safe in America. This is the beauty of this country. Now I feel proud to say "This is my Country!" A land of peace and happiness."



David B. Crabiel, Founder  
1920-2008

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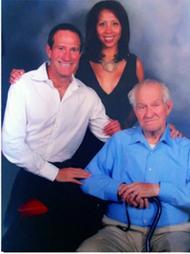
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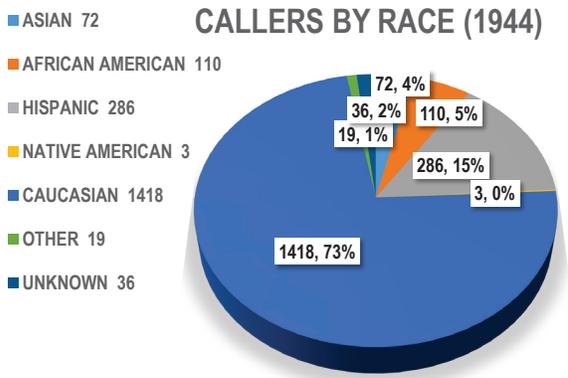


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Our staff and volunteers see the faces of those we support every day. They see the look of relief, when counseling offers encouragement, a widower's face in a bereavement group, when someone understands, the smiling face of a Holocaust survivor when a volunteer knocks on the door, the look of accomplishment when new skills are learned at the Women's Center and the immigrant beaming with happiness upon receiving a citizenship certificate. JFS serves with caring, compassion and respect. Your contributions make it possible.

# Do You Know Who Calls JFS?

**2017 - NEW INDIVIDUAL CALLERS BY RACE (1944)**



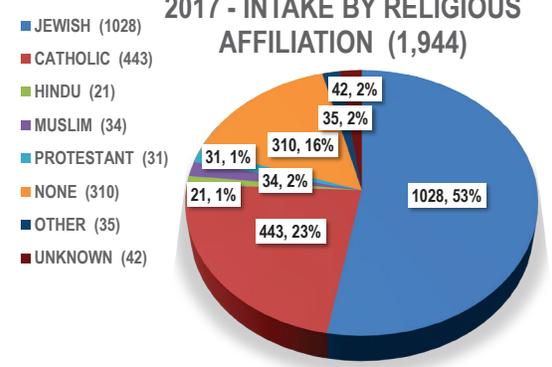
## Senior Nutrition Program

From April through June 2018, 1,076 meals were served at JFS Senior Nutrition Programs (CAMEO)

## Support Staff

Support Staff answered 8,749 calls between January 1 to April 30, 2018

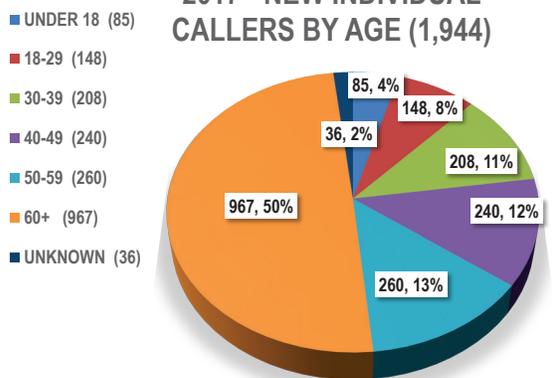
**2017 - INTAKE BY RELIGIOUS AFFILIATION (1,944)**



## Drivers

Sandy and Alan provided 1,040 rides to seniors from January 1 to April 30, 2018

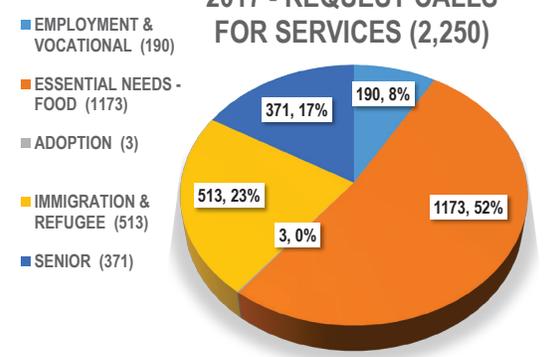
**2017 - NEW INDIVIDUAL CALLERS BY AGE (1,944)**



## Immigration & Refugee Services

In the last quarter, April through June 2018, 82 immigration clients and citizenship students became U.S. citizens

**2017 - REQUEST CALLS FOR SERVICES (2,250)**



## Fund Development

Generated over 500 donors thank you letters in the first two weeks of May