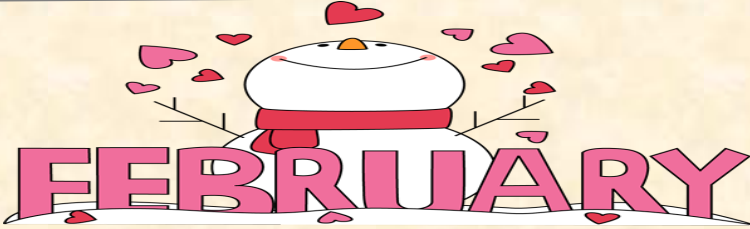


FEBRUARY 2019

WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST

FRIDAY 9:30 AM CONTINENTAL BREAKFAST

Menu or Food is a subject to change at the discretion of the provider

MONDAY	TUESDAY	 <p>FEBRUARY</p>	THURSDAY	<p>1</p> <ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Flexercise • Family Feud <p style="text-align: center;"><u>Roast Chicken</u></p>
	6	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Trivia, Light Yoga • Ask the Nurse <p style="text-align: center;"><u>Stuffed Cabbage, Potato, Zucchini</u></p>	8	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM – Ian Gallagher, Singer <p style="text-align: center;"><u>Roast Chicken</u></p>
13	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Virtual Trip to Italy • Exercise with Bands <p style="text-align: center;"><u>Turkey Franks, Rice, Zucchini</u></p>	15	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Bernie Sokal on Frauds and Scams <p style="text-align: center;"><u>Roast Chicken</u></p>	
20	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Marlene Herman, Story Teller • Exercise <p style="text-align: center;"><u>Meatloaf, Mashed Potato, Mixed Vegetables</u></p>	22	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Flexercise • Geography <p style="text-align: center;"><u>Roast Chicken</u></p>	
27	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Marty Schneit –“Borsht Belt”, Film <p style="text-align: center;"><u>Chicken François, Penne, Green Beans</u></p>			