

***Daily Cold Pack** - Juice, Low-Fat Milk, Bread, Margarine, Fruit Cup or Applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.
Therefore, the milk is intended for separate consumption.

WEEK OF DECEMBER 31 – JANUARY 4

	HOT	COLD
Monday	Chicken Francais Noodles Mixed Vegetables	Egg Salad Potato Salad Carrots
Tuesday	CLOSED FOR NEW YEAR'S DAY	
Wednesday	Spaghetti & Meatballs In Marinara Zucchini	Corned Beef Sandwich Pasta Salad Cole Slaw
Thursday	Beef Burger Rice Spinach	Quinoa Salad W Chicken Macaroni Salad Cucumbers
Friday	Roast Chicken Knish Green Beans Challah Roll	Chopped Liver Bowties W Kasha Cherry Tomatoes



Menus are subject to change due to the availability of food items

DAILY ALTERNATIVE ENTREE CHOICES

HOT	COLD
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

***Daily Cold Pack** - Juice, Low-Fat Milk, Bread, Margarine, Fruit Cup or Applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.
Therefore, the milk is intended for separate consumption.

WEEK OF JANUARY 7 – JANUARY 11

	HOT	COLD
Monday	Turkey Breast Sweet Potato Green Beans	Grilled Chicken Salad Orzo Cucumbers
Tuesday	Stuffed Cabbage Potato Mixed Vegetables	Grilled Chicken Caesar Salad Macaroni Salad Cole Slaw
Wednesday	Chicken Teriyaki Rice Zucchini	Turkey Sandwich Potato Salad Mixed Greens
Thursday	Beef Goulash Noodles Spinach	Tuna Salad Pasta Salad Chick Peas
Friday	Roast Chicken Mushroom & Barley Carrots Challah Roll	Gefilte Fish Pasta Beets

Menus are subject to change due to the availability of food items

DAILY ALTERNATIVE ENTREE CHOICES

HOT	<u>COLD</u>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

***Daily Cold Pack** - Juice, Low-Fat Milk, Bread, Margarine, Fruit Cup or Applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.
 Therefore, the milk is intended for separate consumption.

WEEK OF JANUARY 14 – JANUARY 18

	HOT	COLD
Monday	Grilled Chicken Mashed Potato Broccoli	Grilled Chicken Caesar Salad Potato Salad Cole Slaw
Tuesday	Chuck Roast Noodles Carrots	Egg Salad Orzo Chick Peas
Wednesday	Turkey Franks Penne Mixed Vegetables	Baked Flounder Macaroni Salad Beets
Thursday	Breaded Fish Rice Zucchini	Corned Beef Sandwich Pasta Salad Cucumbers
Friday	Roast Chicken Knish Green Beans Challah Roll	Chopped Liver Bowties W Kasha Cherry Tomatoes

Menus are subject to change due to the availability of food items

DAILY ALTERNATIVE ENTREE CHOICES

HOT

Beef Burger
 Breaded Chicken Cutlet
 Grilled Chicken Cutlet
 Roast Chicken

COLD

Tuna Salad
 Egg Salad
 Chicken Salad
 Flounder

***Daily Cold Pack** - Juice, Low-Fat Milk, Bread, Margarine, Fruit Cup or Applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.
 Therefore, the milk is intended for separate consumption.

WEEK OF JANUARY 21 – JANUARY 25

	HOT	COLD
Monday	Pepper Steak Rice Zucchini	Quinoa Salad W Chicken Macaroni Salad Mixed Greens
Tuesday	Breaded Chicken Potato Mixed Vegetables	Baked Flounder Tabouli Chick Peas
Wednesday	Meatloaf Mashed Potato Green Beans	Chicken Salad Pasta Salad Cucumbers
Thursday	Chicken Stew Orzo Spinach	Turkey Sandwich Potato Salad Cherry Tomatoes
Friday	Roast Chicken Mushroom & Barley Carrots Challah Roll	Gefilte Fish Pasta Beets

Menus are subject to change due to the availability of food items

DAILY ALTERNATIVE ENTREE CHOICES

HOT	<u>COLD</u>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder

***Daily Cold Pack** - Juice, Low-Fat Milk, Bread, Margarine, Fruit Cup or Applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.
Therefore, the milk is intended for separate consumption.

WEEK OF JANUARY 28 – FEBRUARY 1

	HOT	COLD
Monday	Sausage & Peppers Rice Mixed Vegetables	Tuna Salad Macaroni Salad Mixed Greens
Tuesday	Chicken Marsala Penne Carrots	Grilled Chicken Caesar Macaroni Salad Chick Peas
Wednesday	Vegetable Burger Mashed Potato Zucchini	Egg Salad Pasta Salad Cucumbers
Thursday	Spaghetti & Meatballs In Marinara Spinach	Baked Flounder Potato Salad Beets
Friday	Roast Chicken Knish Green Beans Challah Roll	Chopped Liver Bowties W Kasha Cherry Tomatoes

Menus are subject to change due to the availability of food items

DAILY ALTERNATIVE ENTREE CHOICES

HOT	<u>COLD</u>
Beef Burger	Tuna Salad
Breaded Chicken Cutlet	Egg Salad
Grilled Chicken Cutlet	Chicken Salad
Roast Chicken	Flounder