

JANUARY 2019

		WEDNESDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM			FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM
		Menu or Food is a subject to change at the discretion of the provider			
MONDAY	TUESDAY	2	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Games 11:00 Yoga 12:30 Baking Cupcakes	THURSDAY	4
			<u>Spaghetti & Meatballs in Marinara, Zucchini</u>		9:00 Meet and Greet 9:30 Daily Chronicle 10:30 Ian Gallagher- Singer, Performer 11:00 Stretches 12:30 Massage
					<u>Roast Chicken</u>
		9	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Surprise Speaker 12:30 Story Telling		11
			<u>Chicken Teriyaki, Rice, Zucchini</u>		9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Movie: "Man on the Moon" 12:30 Reading Poetry
				<u>Roast Chicken</u>	
	16	9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Marlene Herman - Storyteller 12:30 Game		18	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Games 11:30 Exercising 12:30 Show
		<u>Turkey Franks, Penne, Mixed Vegetables</u>			<u>Roast Chicken</u>
	23	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Light Yoga 12:30 Books on Tape 1:00 Pictionary		25	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 TV Show 11:30 Games 12:30 Scrabble
		<u>Meatloaf, Mashed Potato, Green Beans</u>			<u>Roast Chicken</u>
	30	9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Birthday Party for those who were Born in January 12:30 Yoga Poses			
		<u>Vegetable Burger, Mashed Potato, Zucchini</u>			

