

Kosher Meals on Wheels

The Kosher Konnection

Word Power

Vocabulary Building



***Find the best synonym**

1. CALIBER

- a. misery b. invitation c. class

2. ENTAIL

- a. omit b. sleep c. involve

3. REplete

- a. definite b. full c. cute

4. VERBIAGE

- a. wording b. soul c. attitude

5. TRADUCE

- a. Install b. purify c. betray

6. REQUISITE

- a. bizarre b. necessary c. regular

7. IMMINENT

- a. lethal b. available c. threatening

8. UNTOWARD

- a. nosy b. predictable c. bad



INSPIRATION FOR ROSH HASHANAH

“When a person turns himself around, regrets his past, and does good, that is such a powerful act that his sins become merits.”

- Rabbi Shimon ben Lakish

“Though the righteous may fall seven times, he will arise.”

- King Solomon,
(Proverbs 24:16)

SEPTEMBER 2018

Happy Labor Day—Monday, 9/3

L’shanah Tovah - Happy New Year - Monday, 9/10 & Tuesday, 9/11 Yom Kippur Wednesday, 9/19

Happy Sukkot, beginning Monday, 9/24



My Yom Kippur Confession by Judy Gruen

*excerpt from Aish.com

Yom Kippur. Just hearing those two little words can trigger the “Ashamnu Reflex” in many Jews, causing them to involuntarily start thwacking their right fists over their hearts and recite from memory the litany of sins they transgressed. Though Yom Kippur is arguably our least “fun” holiday, few Jews are willing to miss the chance to pay good money for a seat in shul and start thwacking away. This is puzzling. If you’re only going to get to shul once or twice a year, why not go on *Purim* or *Simchat Torah*, when you can sing, dance, eat, get tipsy and wear funny hats?

It must be that Yom Kippur has a deep, primal meaning for all Jews. The day when God tallies up all our year’s misdemeanors, derelictions and felonies... every Jew in the known universe shouts “I’m in!”

I have my own Yom Kippur confession to make: I think we need to lighten up about this holiday. My Yom Kippurs have become more meaningful — even transformative — when I stopped worrying that I wasn’t praying like someone else who seemed to be doing it “better” and when I focused on approaching God just like it says in the machzor: as *Avinu Malkeinu*. He’s our Father first and King second. My Father loves me for sure... and is rooting for me. He’s probably rooting for you, too.

I always cry during “*Avinu Malkeinu*.” It gets to me every time, as I try to picture God listening to the entire Jewish nation in prayer.

Ironically , “lightening” up my approach to Yom Kippur has helped me see it in the way I think it was meant to be seen: a day to feel elevated by God’s love and inspired to live as a better Jew, one Awesome day at a time.

FYI - As a reminder, please call in all same-day requests for pick-up by 9 AM at the latest. Also, you must wait until 12 PM or later, after we have finished dispatching the meals, to pick up your order.

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This Month's Trivia SUKKOT

Happy Sukkot



1. What is the literal meaning of the word "Sukkot"?
 - a. cornstalks
 - b. booths
 - c. lots
2. Sukkot is one of three pilgrimage festivals in the Jewish year. What are the other two?
 - a. Passover/Shavuot
 - b. Shavuot/Chanukah
 - c. Purim/Rosh Hashanah
3. The two main symbols of Sukkot are the lulav and the....?
 - a. Torah
 - b. acorn
 - c. Etrog
4. How many days long is Sukkot?
 - a. 5
 - b. 7
 - c. 10
5. What is the Hebrew calendar date for the start of Sukkot?
 - a. 1st of Tishrei
 - b. 15th of Tishrei
 - c. 1st of Chesvan
6. In order for the etrog (citron) to be certified as kosher, what must not fall off?
 - a. stem
 - b. flower
 - c. leaves

LAUGH A LITTLE LESSONS YOUR BUBBIE TAUGHT YOU

*excerpted from
Jewlariious.com

1. If you can't say something nice, say it in Yiddish.
2. If you don't eat, it will kill me.
3. Never take a front-row seat at a bris.
4. If it tastes good, it's probably not kosher.
5. Why spoil a good meal with a big tip?
6. Twenty percent off is a bargain; fifty percent off is a mitzvah.
7. And what's so wrong with dry turkey?
8. Anything worth saying is worth repeating a thousand times.
9. Where there's smoke, there may be smoked salmon.
10. Next Year in Jerusalem. The year after that, how about a nice cruise?

Answers to BUILD YOUR VOCABULARY 1. C 2. C 3. B 4. A 5. C 6. B 7. C 8. C

Answers to Sukkot Trivia: 1. b 2. a 3. c 4. b 5. b 6. a

SEPTEMBER 2018 Page 2

FYI — KMOW Last-minute changes are very disruptive to the process of dispatching the meals. We understand that you can't control every situation that comes up, but **WHEN POSSIBLE**, please give us advance notice (at least 24 hours) of changes in your delivery schedule

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