

Mon	Tues	Wed	Thurs
<b>August</b>			
		1 <ul style="list-style-type: none"> <li>10:00-10:30 Coffee, cake.</li> <li>10:30 –12:00 Hot Topics</li> </ul> <b>Tuna and egg salad bagels, cucumber salad, coleslaw, fruit</b>	2 <ul style="list-style-type: none"> <li>12:00-12:45 Lunch</li> <li>12:45-2:00 Bingo</li> </ul> <b>Eggplant Parmigiana, salad and fruit</b>
6 <ul style="list-style-type: none"> <li>10:30-10:45 Coffee, cake and catching up.</li> <li>10:45 –2:00 Weekend in Review</li> </ul> <b>Eggplant Parmigiana, salad and fruit</b>	7 <ul style="list-style-type: none"> <li><u>Taking Back Tuesdays</u></li> <li>12:00- 12:45 Lunch</li> <li>12:45-2:00 This Day in History</li> </ul> <b>Pizza, Cesar salad and fruit</b>	8 <ul style="list-style-type: none"> <li>10:00-10:30 Coffee, cake.</li> <li>10:30 –12:00 Hot Topics</li> </ul> <b>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</b>	9 <ul style="list-style-type: none"> <li>12:00-12:45 Lunch</li> <li>12:45-2:00 Charles Clarkson on Medicare fraud.</li> </ul> <b>Baked Ziti, Cesar salad, fruit.</b>
13 <ul style="list-style-type: none"> <li>10:30-10:45 Coffee &amp; cake and catching up</li> <li>10:45-12:30 Weekend in Review</li> </ul> <b>Stromboli, Cesar salad, fruit.</b>	14 <ul style="list-style-type: none"> <li><u>Taking Back Tuesdays</u></li> <li>12:00 -12:45 Lunch</li> <li>12:45-2:00 This Day in History</li> </ul> <b>Tuna and egg salad bagels, cucumber salad, coleslaw, fruit</b>	15 <ul style="list-style-type: none"> <li>10:00-10:15 Coffee &amp; cake</li> <li>10:15 – 12:00 Hot Topics</li> </ul> <b>Pizza, salad and fruit</b>	16 <ul style="list-style-type: none"> <li>12-12:45 Lunch</li> <li>12:45 –2:00 “Comedian”</li> </ul> <b>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</b>
20 <ul style="list-style-type: none"> <li>10:30-10:45 Coffee &amp; cake and catching up</li> <li>10:45-12:30 Weekend in Review</li> </ul> <b>Tuna and egg salad bagels, cucumber salad, coleslaw, fruit</b>	21 <ul style="list-style-type: none"> <li><u>Taking Back Tuesdays</u></li> <li>12-12:45 Lunch</li> <li>12:45-2:00 Music Trivia</li> </ul> <b>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</b>	22 <ul style="list-style-type: none"> <li>10-10:15 Coffee &amp; cake.</li> <li>10:15-12:00 Hot Topics</li> </ul> <b>Eggplant Parmigiana, salad and fruit</b>	23 <ul style="list-style-type: none"> <li>12:00-2:45 Lunch</li> <li>12:45-2:00 Fun and Games</li> </ul> <b>Baked Ziti, Cesar salad and fruit</b>
27 <ul style="list-style-type: none"> <li>10:30- 10:45 Coffee &amp; cake and catching up</li> <li>10:45-12:30 Weekend in Review</li> </ul> <b>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</b>	28 <ul style="list-style-type: none"> <li><u>Taking Back Tuesdays</u></li> <li>12:00-12:45 Lunch</li> <li>12:45-2:00 Famous NJ Celebrities</li> </ul> <b>Spaghetti and “meat sauce”, salad and fruit. Garlic bread</b>	29 <ul style="list-style-type: none"> <li>10-10:15 Coffee &amp; cake.</li> <li>10:15-12:00 Hot Topics</li> </ul> <b>Tuna and egg salad bagels, Cesar salad, fruit</b>	30 <ul style="list-style-type: none"> <li>12:00-2:45 Lunch</li> <li>12:45-2:00 Fun and Games</li> </ul> <b>Eggplant Parmigiana, salad and fruit. Garlic bread</b>