


August 2018



		WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST				FRIDAY 9:30 AM CONTINENTAL BREAKFAST	
MONDAY	TUESDAY	1	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Games and Exercises • Singing <p><u>Tuna and egg salad bagels, cucumber salad, coleslaw, fruit</u></p>	THURSDAY	3	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Virtual Trip to Italy • Exercise with Bands <p><u>Roast Chicken</u></p> 	
		8	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Arts and Crafts • Ice Cream Party <p><u>Grilled fish (salmon) with orzo and grilled vegetables.</u></p>		10	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Dr Parck on Medical Questions • Flexercises <p><u>Roast Chicken</u></p>	
		15	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Jewish Historical Society <p><u>Pizza, salad and fruit</u></p>		17	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Ian Gallagher- Singer, Performer <p><u>Roast Chicken</u></p>	
		22	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10:30 AM Marlene Herman , Story teller <p><u>Eggplant Parmigiano, salad and fruit</u></p>		24	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Helena-Pianist Stories <p><u>Roast Chicken</u></p>	
		29	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Games, Discussions • Exercises <p><u>Tuna and egg salad bagels, Cesar salad, fruit</u></p>		31	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Don Antony - Singer <p><u>Roast Chicken</u></p>	