



Mon	Tues	Wed	Thurs
<p>4</p> <ul style="list-style-type: none"> 10:30-10:45 Coffee, cake and catching up. 10:45 -2:00 Weekend in Review <p><i>Eggplant Parmigiana, salad and fruit</i></p>	<p>5</p> <ul style="list-style-type: none"> <u>Taking Back Tuesdays</u> 12:00- 12:45 Lunch 12:45-2:00 Music Trivia <p><i>Pizza, salad and fruit</i></p>	<p>6</p> <ul style="list-style-type: none"> 10:00-10:30 Coffee, cake. 10:30 -12:00 Hot Topics <p><i>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</i></p>	<p>7</p> <ul style="list-style-type: none"> 12:00-12:45 Lunch 12:45-2:00 Bingo <p><i>Macaroni and Cheese, cucumber salad, coleslaw, fruit.</i></p>
<p>11</p> <ul style="list-style-type: none"> 10:30-10:45 Coffee & cake and catching up 10:45-12:30 Weekend in Review <p><i>Stromboli, cucumber salad, coleslaw, fruit</i></p>	<p>12</p> <ul style="list-style-type: none"> <u>Taking Back Tuesdays</u> 12:00 -12:45 Lunch 12:45-2:00 Famous TV Dads <p><i>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</i></p>	<p>13</p> <ul style="list-style-type: none"> 10:00-10:15 Coffee & cake 10:15 - 12:00 Today's News <p><i>Pizza, salad and fruit</i></p>	<p>14</p> <ul style="list-style-type: none"> 12-12:45 Lunch 12:45 -2:00 Famous Fathers <p><i>Spaghetti and "meat sauce", salad and fruit.</i></p>
<p>18</p> <ul style="list-style-type: none"> 10:30-10:45 Coffee & cake and catching up 10:45-12:30 Weekend in Review <p><i>Tuna and egg salad wraps, cucumber salad, coleslaw, fruit</i></p>	<p>19</p> <ul style="list-style-type: none"> <u>Taking Back Tuesdays</u> 12-12:45 Lunch 12:45-2:00 This Day in History <p><i>Macaroni and Cheese, salad and fruit</i></p>	<p>20</p> <ul style="list-style-type: none"> 10-10:15 Coffee & cake. 10:15-12:00 The World Around Us <p><i>Eggplant Parmigiana. Salad and fruit</i></p>	<p>21</p> <ul style="list-style-type: none"> 12:00-2:45 Lunch 12:45-2:00 Summer Memories <p><i>Bagels with cream cheese, scoop of tuna, house salad and fruit</i></p>
<p>25</p> <ul style="list-style-type: none"> 10:30- 10:45 Coffee & cake and catching up 10:45-12:30 Weekend in Review <p><i>Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)</i></p>	<p>26</p> <ul style="list-style-type: none"> <u>Taking Back Tuesdays</u> 12:00-12:45 Lunch 12:45-2:00 Trivia <p><i>Spaghetti and "meat sauce", salad and fruit.</i></p>	<p>27</p> <ul style="list-style-type: none"> 10:00 -10:15 Coffee & cake 10:15-12:00 Hot Topics <p><i>Baked ziti, salad and fruit</i></p>	<p>28</p> <ul style="list-style-type: none"> 12:00-2:45 Lunch 12:45-2:00 Bingo <p><i>Eggplant Parmigiana, salad and fruit</i></p>