


		WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST	FRIDAY 9:30 AM CONTINENTAL BREAKFAST	
MONDAY	TUESDAY		THURSDAY	
	6	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Light Yoga Instructions • Exercises <p style="text-align: center;"><u>Grilled fish (salmon) with orzo and grilled vegetables.</u></p>	8	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Exercises with Flex Stick • Reminiscing <p style="text-align: center;"><u>Roast Chicken</u></p>
	13	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Jewish Historical Society • Flag Day <p style="text-align: center;"><u>Pizza, salad and fruit</u></p>	15	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Game Day-Bingo, Rubrics • Crafts <p style="text-align: center;"><u>Roast Chicken</u></p>
	20	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10AM Marlene Herman , Story teller <p style="text-align: center;"><u>Eggplant Parmigiano, salad and fruit</u></p>	22	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Surprise Speaker • Flexercises <p style="text-align: center;"><u>Roast Chicken</u></p>
	27	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • Coloring Collages • Exercises <p style="text-align: center;"><u>Baked ziti, salad and fruit</u></p>	29	<ul style="list-style-type: none"> • Meet and Greet • Daily Chronicles • 10 AM Don Anthony – singer • Jeopardy <p style="text-align: center;"><u>Roast Chicken</u></p>