




C.A.M.E.O. PROGRAM
 ACTIVITIES FOR:



Mon	Tues	Wed	Thurs
	1 <ul style="list-style-type: none"> • <u>Taking Back Tuesdays</u> • 12:00- 12:45 Lunch • Music Trivia Spaghetti and "meat sauce", salad and fruit	<ul style="list-style-type: none"> • 10:00-10:30 Coffee, cake • Hot Topics Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)	3 <ul style="list-style-type: none"> • 12:00-12:45 Lunch • Bingo Tuna & egg salad sandwiches, coleslaw, salad and fruit.
7 <ul style="list-style-type: none"> • 10:30-10:45 Coffee, cake and catching up. • 10:45 -2:00 News of the day. Eggplant Parmigiana, salad and fruit	8 <ul style="list-style-type: none"> • <u>Taking Back Tuesdays</u> • 12:00- 12:45 Lunch • 12:45-2:00 Spring memories Pizza, salad and fruit	9 <ul style="list-style-type: none"> • 10:00-10:30 Coffee, cake. • 10:30 -12:00 Hot topics Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)	10 <ul style="list-style-type: none"> • 12:00-12:45 Lunch • 12:45-2:00 Famous Mothers Tuna & egg salad sandwiches, coleslaw, salad and fruit.
14 <ul style="list-style-type: none"> • 10:30-10:45 Coffee & cake and catching up • 10:45-12:30 Weekend in review Tuna and egg salad sandwiches, coleslaw, cucumber salad and fruit	15 <ul style="list-style-type: none"> • <u>Taking Back Tuesdays</u> • 12:00 -12:45 Lunch • 12:45-2:00 Movie memories Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)	16 <ul style="list-style-type: none"> • 10:00-10:15 Coffee & cake • 10:15 - 12:00 Hot topics Pizza, salad and fruit	17 <ul style="list-style-type: none"> • 12-12:45 Lunch • 12:45 -2:00 Parenting today Bagels with cream cheese, scoop of tuna. House salad and fruit.
21 	22 <ul style="list-style-type: none"> • <u>Taking Back Tuesdays</u> • 12-12:45 Lunch • 12:45-2:00 Music trivia Tuna and egg salad wraps, cucumber salad, coleslaw, fruit	23 <ul style="list-style-type: none"> • 10-10:15 Coffee & cake. • 10:15-12:00 Today's news Pasta Primavera with vegetables, salad and fruit	24 <ul style="list-style-type: none"> • 12:00-12:45 Lunch • 12:45-2:00 Bingo Pizza, salad and fruit
28 	29 <ul style="list-style-type: none"> • <u>Taking Back Tuesdays</u> • 12-12:45 Lunch • This Day in History Spaghetti and "meat sauce", salad and fruit	30 <ul style="list-style-type: none"> • 10-10:15 Coffee & cake • Hot Topics Grilled fish (salmon) with orzo and grilled vegetables. Salad and fruit (tartar sauce)	31 <ul style="list-style-type: none"> • 12:00-12:45 Lunch • 12:45-2:00 Bingo Eggplant Parmigiana, salad and fruit