

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF MARCH 5 – MARCH 9**

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT. Therefore, the milk is intended for separate consumption.

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	breaded chicken noodles mixed vegetables	baked flounder shells cucumbers
<b>Tuesday</b>	spaghetti & meatballs In marinara zucchini	quinoa salad w chicken potato salad chick peas
<b>Wednesday</b>	turkey breast sweet potato spinach	corned beef sandwich macaroni salad coleslaw
<b>Tuesday</b>	stuffed cabbage Israeli couscous carrots	grilled chicken sandwich orzo beets
<b>Friday</b>	roast chicken knish green beans challah roll	chopped liver bowties w kasha cherry tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b>COLD</b>
beef burger	tuna salad
breaded chicken cutlet	egg salad
grilled chicken cutlet	chicken salad
roast chicken	flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF MARCH 12 – MARCH 16**

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	chicken teriyaki rice green beans	turkey sandwich potato salad cucumbers
<b>Tuesday</b>	meatballs in brown sauce penne spinach	tuna salad bowties chick peas
<b>Wednesday</b>	beef goulash noodles mixed vegetables	chicken salad orzo cole slaw
<b>Thursday</b>	grilled chicken mashed potato zucchini	baked flounder tabouli cherry tomatoes
<b>Friday</b>	roast chicken mushroom & barley carrots challah roll	gefilte fish pasta beets

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

<b>HOT</b>	<b>COLD</b>
beef burger	tuna salad
breaded chicken cutlet	egg salad
grilled chicken cutlet	chicken salad
roast chicken	flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF MARCH 19 – MARCH 23**

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT. Therefore, the milk is intended for separate consumption.

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	chuck roast mashed potato spinach	grilled chicken Caesar salad macaroni salad mixed greens
<b>Tuesday</b>	turkey franks penne mixed vegetable	corned beef sandwich potato salad cole salw
<b>Wednesday</b>	breaded fish rice carrots	egg salad tabouli beets
<b>Thursday</b>	spaghetti & meatballs In marinara zucchini	quinoa salad w chicken orzo cucumbers
<b>Friday</b>	roast chicken knish green beans challah roll	chopped liver bowties w kasha cherry tomatoes

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

beef burger  
breaded chicken cutlet  
grilled chicken cutlet  
roast chicken

**COLD**

tuna salad  
egg salad  
chicken salad  
flounder

**\*Daily cold pack** - juice, low-fat milk, bread, margarine, fruit cup or applesauce

PLEASE NOTE: All food prepared by our caterer, The Orchid, is considered MEAT.  
Therefore, the milk is intended for separate consumption.

**WEEK OF MARCH 26 – MARCH 30**

	<b>HOT</b>	<b>COLD</b>
<b>Monday</b>	meatloaf sweet potato spinach	grilled chicken sandwich couscous cucumbers
<b>Tuesday</b>	chicken stew rice carrots	tuna salad orzo mixed greens
<b>Wednesday</b>	chicken marsala shells zucchini	egg salad potato salad cole slaw
<b>Thursday</b>	vegetable burger mashed potato mixed vegetables	chicken salad chick peas cherry tomatoes
<b>Friday</b>	<b>SPECIAL KOSHER-FOR-PASSOVER FROZEN MEAL DELIVERY</b>	

**Menus are subject to change due to the availability of food items**

**DAILY ALTERNATIVE ENTREE CHOICES**

**HOT**

beef burger  
breaded chicken cutlet  
grilled chicken cutlet  
roast chicken

**COLD**

tuna salad  
egg salad  
chicken salad  
flounder