

Kosher Meals on Wheels

The Kosher Konnection

Word Power

VOCABULARY BUILDING

**Choose the best definition.*

- 1. CENSURE a. criticize b. believe
c. strike
- 2. INDOLENT a. frenetic b. lazy
c. kind
- 3. BELLICOSE a. warlike b. alluring
c. constructive
- 4. ADROIT a. aware b. distant
c. skillful
- 5. TARIFF a. melody b. road
c. tax
- 6. ALACRITY a. wrath
b. promptness c. cleanliness
- 7. INDIGNANT a. angry b. sad
c. generous

PURIM TRIVIA-- DID YOU KNOW?...

--Queen Esther's Hebrew name was Hadassah. (Esther is a Persian name.)

--Mordechai was the 1st person in history to be called a "Jew."

--Haman's decree against the Jews was never revoked.

--God's name is not mentioned, even once, in the entire Book of Esther.

MARCH 2018

*Purim—March 1st

*St. Patrick's Day—March 17th

*Daylight Savings Begins—March 11th

*1st Day of Spring—March 20th

FAST OF ESTHER

by Rabbi Shraga Simmons

*excerpted from aish.com

The Fast of the 13th of Adar is intended to hone the soul and galvanize Jewish strength for the challenges ahead.

In the Megillah (4:16), Esther agrees to see the king uninvited, and asks the Jewish People to fast for three days beforehand.

Why did she call for a fast? Because a fast helps to lower the volume on our physical pursuits in order to focus more acutely on our spiritual selves. This facilitates the process of "teshuva"—literally "return." We return to our essential state of purity. Esther called for a fast, knowing that through soul-searching the Jews would forge a spiritual connection necessary to make her mission successful. (And it paid off!)

HALACHAS (LAWS) OF FAST OF ESTHER

- 1. The fast begins at dawn and ends after nightfall.
- 2. No eating or drinking is permitted. Though other aspects—like washing—are permitted.
- 3. Since this is not a major fast, pregnant or nursing women are exempt, as are moderately ill people.
- 4. If the 13th of Adar falls on Shabbat, we don't fast that day, due to the honor of Shabbat. The fast is not even held on Friday, since this would adversely affect Shabbat preparations. Rather, we observe the fast on Thursday, the 11th of Adar.
- 5. It is customary to extend the fast until after the Megillah is read.

This Month's Trivia

ACADEMY AWARD TRIVIA
*watch this year on the evening of March 4th

1. Which film beat out the *Wizard of Oz* for Best Picture?
a. *Gone With the Wind* b. *Stagecoach* c. *Mr. Smith Goes to Washington*
2. In 1951, who made her only appearance at an Academy Awards ceremony?
a. Bette Davis b. Judy Garland c. Marilyn Monroe
3. Who escorted his fiancée, Nancy Davis, to the 1952 Academy Awards ceremony?
a. Bob Hope b. Frank Sinatra c. Ronald Reagan
4. Who attended the 1956 Academy Awards less than a month before becoming a princess?
a. Natalie Wood b. Doris Day c. Grace Kelly
5. Who has won the most directing Academy Awards?
a. John Ford b. Frank Capra c. Steven Spielberg
6. Who holds the record for hosting the most Academy Award ceremonies?
a. Johnny Carson b. Bob Hope c. Whoopi Goldberg

FYI - Passover Is On Its Way! Watch for the arrival of the Passover Memo that will explain how we handle the Holiday. Once you read the memo, please respond promptly!

LAUGH A LITTLE

 *excerpted from Jewlarious.com

THE HALF DIET

Shirley was in a diet club and was lamenting the fact that she was gaining weight. "Oy," sighed Shirley, "I made my family's favorite chocolate cake for Shabbat. At dinner the family had half of it, but then when I woke up Shabbat morning, no one was around. I kept staring at the other half, until finally I cut a thin slice. One slice led to another, and soon the whole cake was gone!

"I was so disappointed with my lack of willpower, and I knew how disappointed my husband would be..."

Everyone in the diet group commiserated. "What did your husband say when he found out?" asked one of the members of the group.

Shirley smiled. "He never found out. I made another cake and ate half!"

Answers to VOCABULARY BUILDING: 1. a 2. b 3. a 4. c 5. C 6. b 7. a

Answers to ACADEMY AWARD TRIVIA: 1. a 2. c 3. c 4. c 5. a 6. b