

Women's Center




All activities, unless otherwise noted, are at this address
Jewish Family Services of Middlesex County
32 Ford Avenue, Second Floor, Milltown, NJ 08850
732-777-1940 **833-JFS-HELP** www.jfsmiddlesex.org



Jan/Feb 2018

Volume 2 | Issue 1 | Helping women achieve economic self-sufficiency



Legal Workshop: Women & Divorce
Monday, January 15, 2018
6:00-8:00pm

Join us on Monday, January 15 from 6 to 8pm for this free legal workshop presented by experienced family law attorneys. Time will be provided for general questions. Preregistration is required for this event, which will be held at our Milltown office.

On January 29, the Women's Center will host a legal clinic where clients can meet one-on-one for brief consultations with our attorneys. Priority will be given to attendees of the January 15 workshop. The clinic is free, but preregistration with the Women's Center is required.

Register now for our free legal workshops presentation by experienced family law attorneys. Time will be provided for general questions.

Pre-registration is required.

To join the JFS Women's Center and/or sign up for the Divorce Workshop, email: womenscenter@jfsmiddlesex.org

Calendar

All our workshops are ***free*** when you sign up with the Women's Center. (See each program for more details).

January 15 – Legal Workshop: Women & Divorce, 6-8pm

January 29 – Legal Clinic, 6-8pm

Every Tuesday – Women's Support Group ***NEW TIME*** 10:30am – 12pm
First session: January 30

Ongoing – Computer Classes See page 2 for full schedule

Ongoing – Job Seekers Group The 2nd and 4th Thursday of each month, 10:30am

Ongoing – Career Training Grants for short-term, in-demand jobs. Now accepting applications

All activities, unless otherwise noted, are at our Milltown office.

Get Support

Join our Women's Support Group every Tuesday from 10:30am to 12pm at our Milltown office. Led by holistic nurse, Paula, the group focuses on stress-management and positive thinking in order to move forward after difficult life changes. Find the peer support you need to redefine yourself. Our first session of 2018 will be:

Tuesday, January 30
10:30 am – 12:00 pm

Computer Classes

Computer Basics: Tu/Thur- January 30, Feb. 1, 6, 8, 13; 1-3pm. Led by Linda

MS Word: Mon/Wed- Feb. 5, 7, 12, 14; 10am -12:30pm. Led by Rhona

MS Excel: Mon/Wed- Feb. 19, 21, 26, 28; 10am-12:30pm. Led by Harriet

Computer Basics: Tu/Thur- March 6, 8, 13, 15, 20; 1-3pm. Led by Linda

MS Word: Mon/Wed - Mar.19, 21, 26, 28; 5:30-7:30pm. Led by Eric



Career Training Grants – Apply Now

Looking for a new job or a career upgrade? The JFS Women's Center has grants available for short-term training for an in-demand job. For an application or to schedule an interview with our career specialists, email: womenscenter@jfsmiddlesex.org

Join us - it's free!

Jewish Family Services of Middlesex County (JFS) is a nonprofit organization striving to help all individuals in the community. Our Women's Center serves displaced homemakers, women who are single moms, separated, divorced, widowed, or living with a disabled spouse/partner. We provide free career planning, job searching assistance, resume writing, interview skills, computer classes, fun and interactive workshops for life skills, and access to a network of community resources. If you want to register or get added to our emailing list, reach out!

meetup womenscenter@jfsmiddlesex.org
@the-womens-center-jfs
@jfs womenscenter



Connect with us!
732.777.1940
womenscenter@jfsmiddlesex.org

This program is funded by a grant from the Division on Women NJ Department of Children and Families. The Women's Center is a member of the Displaced Homemakers Network of New Jersey, Inc.



Thank you to all who came out for our Women's Center Holiday Party and toy pick-up on December 14! It was great to see everyone and share in the joy of the season. We made great strides in 2017, offering each other support and encouragement through challenging times. As one new Women's Center client said, "I feel like, all of a sudden, I have an umbrella over me." It was an honor for us to be there for you, and we're looking forward to a new year of progress.

Merry and Bright

Agency Closings
In case of inclement weather, call 732-777-1940 after 7:30am to hear if there are program closings/delays.