

December 2017



MON	TUESDAY 9:30 AM CONTINENTAL BREAKFAST	WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST	THURS	FRIDAY 9:30 AM CONTINENTAL BREAKFAST	
			1	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li>Exercise with Bands</li> <li>Word Challenge Games</li> </ul> <p><b><u>Roast Chicken</u></b></p>	
5	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>Arm Chair Trivia</li> <li><b>10 AM-Don Anthony- Performer, Singer.</b></li> </ul> <p><b><u>Meatloaf</u></b></p>	6	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li>Games</li> <li>Chair Exercises</li> <li>Let's Play Lotto</li> </ul> <p><b><u>Chicken Stew</u></b></p>	8	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li>National Kindness Day</li> <li><b>10:30 AM Helen Knee-Pianist</b></li> </ul> <p><b><u>Roast Chicken</u></b></p>
12	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Views</li> <li><b>10 AM- Surprise Speaker</b></li> <li>Tranquil Transitions</li> </ul> <p><b><u>Beef Stew</u></b></p>	13	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and View</li> <li><b>10 AM- Marlene Herman Hanukah Stories</b></li> </ul> <p><b><u>Vegetable Burger</u></b></p>	15	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Views</li> <li><b>10 AM Speaker: Angie from Preferred Healthcare</b></li> </ul> <p><b><u>Roast Chicken</u></b></p>
19	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Views</li> <li><b>10 AM Speaker: Connie From Oasis Seniors</b></li> </ul> <p><b><u>Breaded Chicken Cutlets</u></b></p>	20	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Views</li> <li><b>10 AM – Surprise Speaker</b></li> <li>Stretch and Flex</li> </ul> <p><b><u>Spaghetti &amp; Meatballs in Marinara</u></b></p>	22	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Views</li> <li><b>10 AM- Ian Gallagher: Singer, Performer</b></li> </ul> <p><b><u>Roast Chicken</u></b></p>
26	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li>Game Time...</li> <li>Chair Yoga with Jud.</li> </ul> <p><b><u>Brown Sauce Meatballs</u></b></p>	27	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li><b>10 AM Speaker: Tali from American Homecare</b></li> </ul> <p><b><u>Beef Burger</u></b></p>	29	<ul style="list-style-type: none"> <li>Morning Welcome</li> <li>News and Trivia</li> <li>Aromatherapy</li> <li>Meditative Moments</li> </ul> <p><b><u>Roast Chicken</u></b></p>