Summer 2016

JFS Happenings



Engaging Programs For Senior Adults

From Senior Chai to CAMEO senior nutrition programs to SMP presentations about fraud, waste and abuse in Medicare, JFS has something for everyone 60+ years. Senior Chai meets quarterly and provides lectures, musical programs and more to the entire senior community. Programs are held in Monroe Township. CAMEO senior nutrition has programs in Highland Park and in



Marty Schneit, provides a virtual tour of the Bronx at a recent Senior Chai program.

Monroe Township. CAMEO provides a nutritious lunch and other stimulating activities. Elderday Cares provides a small group experience for frail or cognitively impaired seniors in Highland Park and includes a nutritious lunch and activities. The Men's Club meets weekly in Monroe Township for socializing. The two Women's Clubs for widows meet weekly in Monroe Township. Café Europa is a monthly social program for Holocaust Survivors and their spouses. Other special groups include Canasta, Yiddush Club and Sunday outings. All require prior registra-

tion and many offer transportation. Call JFS.

Standing Ovation for William Michals

More than 150 guests attended the June 5th, JFS *One Enchanted Evening* at Temple B'nai Shalom in East Brunswick. What an evening it was! The attendees were wined and dined with a dinner prepared by Petak Caterers. The room was festive and inviting. Jack Goldberg, JFS Board President, welcomed everyone to the event.

The highlight of the evening was William Michals, Broadway star, who performed songs from many Broadway favorites. His melodious voice rang out through the room and had everyone mesmerized. The atmosphere was celebratory and the feeling of accomplishment in helping the various programs of JFS added to everyone's pleasure. A special thank you must be given to those who worked so hard to make this evening possible. It was truly an "enchanted" evening.

SAVE THE DATE: The Mastermind of Mentalism & Memory

Manlow The Magnificent, mentalist and memory expert, will entertain attendees on Sunday, November 6, 5-9PM at Temple B'nai

Shalom. This is the final JFS fundraising event for 2016 and the night of the Cruise Raffle Drawing (see page 2 for details about the cruise). Tickets to the event will be available for purchase on the JFS website by mid August. Sponsorship opportunities are



available. Visit <u>www.jfsmiddlesex.org</u> for a preview of Manlow's show.

Passover Food Drive Feeds 661 People

The JFS annual Passover Food Drive, held the week before Passover, raised more than \$33,000. Along with the many generous donations of food, JFS purchased additional food with the

money raised. It all began on April 10th, with the help of numerous volunteers, bags were packed with kosher for Passover food and delivered on April 17th to 661 individuals throughout Middlesex County. Each year JFS collects food and monetary donations so that families in need receive kosher for Passover food. Many thanks go to Jack



Steinweis, owner of the Gola Warehouse in East Brunswick, the site



Ann Salzberg, Jack Goldberg, Vickie Solomon, coordinators of the Passover Campaign.

of the coordinating and packing of the Passover food for many years. Between this food distribution, meals-on-wheels and the JFS kosher food pantries, JFS tries to supply food to all who need it in Middlesex County.

-Myra Presworsky

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Did You Know?

The Story of a Women's Center Client

You can win a Celebrity**X**Cruise® for two anywhere Celebrity sails. Raffle tickets are on sale now at the JFS offices, \$36 each or 3/\$100. The drawing will take place at the November 6 event, *Manlow, The Mastermind of Mentalism & Memory*. Winner is responsible for all taxes and fees and need not be present to win.

July 13: Embrace your Geekness Day. JFS has joined the geeky world. Like us... Follow us...See what's happening...Stay informed...The JFS Facebook page is www.facebook.com/jfsmiddlesex (Jewish Family Services of Middlesex County) and on Twitter: @JFSMiddlesex.

August 21: Senior Citizen's Day. JFS hosts an array of activities for Senior Citizens. See page 1 for a synopsis of some of these activities or visit <u>www.jfsmiddlesex.org</u> for a complete list.

August 26: Women's Equality Day. The JFS Women's Center strives to bring purpose to the lives of the women who come to the center. Offering referral and career services, women are given hope and opportunities to improve their situations. The summer computer classes are accepting enrollment. Visit www.jfsmiddlesex.org for the complete class schedule. See this page for an uplifting story about a client of the Women's Center.

JFS Staff Update

Welcome back to Intake Worker Rose Cimaglia from maternity leave. Rose gave birth to beautiful Julia on March 14. As the Intake Worker, Rose provides information and referral services to all first time callers to the agency; oversees Kosher Food



Pantry appointments; and functions as an Administrative Assistant registering clients, setting clinical appointments, covering the front desk and answering phones.



Jill is a 45-year-old mother who came to The Women's Center after separating from her husband. After her husband's escalating anger and volatility, and knowing that she would not be eligible for public assistance, Jill asked him to leave. She found herself without a job or money and 4 children depending on her. Jill immediately found a part-time, minimum wage job in retail but she had received shut-off notices from the utility and phone companies and couldn't afford food for her family. She had been trying to find a full-time job but she had been out of the paid labor force for 10 years and her computer skills were out of date. She was not receiving any responses from sending out dozens of resumes for positions that she knew she was qualified for.

During her first meeting at the Women's Center, Jill received a referral to help her with her utility bill, and she went home with bags of food from the food pantry. Jill came back to meet with the Career Specialist to improve her resume and job search techniques. She took part in mock interviews and completed computer classes; she soon began to receive responses to resume submissions. Jill attended the Women's Center financial management workshop to learn how to budget money and manage household expenses. Jill was happy to report that she accepted a full-time job at a college and was able to take advantage of summer programs for her children. Jill is now able to pay her bills and is working with a credit counselor to budget her money, manage expenses, and learn how to save money for the future.

Monroe Women's Club II Off to Great Start

JFS recently began a second Women's Club for widows. The purpose of the club is to give women that have moved beyond the bereavement group to connect with other widows, engage in stimulating conversation,



and plan activities off-site on days when the group doesn't meet. The club meets in the Monroe office on Wednesdays from 10:30AM - Noon, \$3/per session. Call JFS if interested in participating.

Linda Greenstein, NJ State Senator, answered questions and discussed the upcoming elections and current political climate in NJ at a recent Women's Club gathering.

JFS On The Road : Rossmoor Health Fair, June 21, 2016

Upcoming Events

Computer Class Training Schedule - July - September 2016, visit <u>www.jfsmiddlesex.org</u> Open to all. **Café Europa -** July 26 and August 30, 12-2PM at Temple B'nai Shalom in East Brunswick, see page 1.

Friends/Mishpacha Campaign - watch for a letter in your mailbox early September. This campaign provides funding for programs/services that you read about in *JFS Happenings*.

Volunteer Appreciation - September 20, 2-3:30PM at Temple B'nai Tikvah, volunteers will receive invites late August.

JFS Fundraiser: Mastermind of Mentalism & Memory - November 6, 2016 at Temple B'nai Shalom, see page 1. www.jfsmiddlesex.org



The Jewish Federation



