



### JFS Receives RSVP Grant

JFS is the recipient of The Retired and Senior Volunteer Program (RSVP) grant, a national project that connects volunteers with volunteer opportunities in Middlesex County. RSVP volunteers must be 55 years of age or older regardless of the population served or the volunteer activities.

The national RSVP offers a number of focus areas for programming. JFS selected Healthy Futures as the primary focus area. Healthy Futures addresses access to care, aging in place, obesity, and food for senior adults. Healthy Futures service recipients will be senior adults at various ages and functioning across the senior adult spectrum. The second focus for RSVP of Middlesex County is Economic Opportunity to forward the employment of economically disadvantaged individuals.

JFS is reaching out to non-profit organizations, health facilities, synagogues, churches, junior colleges, technical schools, and other organizations that address the needs of the two target populations identified. These entities will become Volunteer Stations. Volunteer Stations have the responsibility of providing orientation, training, and supervision of volunteers. JFS will match volunteers to the opportunities available at these stations. Many of JFS' current volunteers will be enrolled as RSVP volunteers as well. Individuals or organizations who are interested in participating in RSVP of Middlesex County as a volunteer or Volunteer Station, please contact JFS.

### SAVE THE DATE - Dueling Pianos

Join JFS November 1 at 5PM at Temple B'nai Shalom, East Brunswick for hors d'oeuvres, a Glatt Kosher dinner and an evening of high energy, interactive, entertainment featuring Cutting Edge Dueling Pianos who have performed throughout the United States and Canada. Tickets go on sale early September, check the website: [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org).

### White House Chefs Event Huge Hit

The JFS White House Chefs Event held Sunday, August 2 at East Brunswick Jewish Center was a huge success, raising over \$34,000 for JFS Senior Adult Services. Attendees entered the event hall and felt as though they were actually at the White House. The ambience was enhanced with elegantly set tables befitting a President of the United States. The food was delicious. Chef Guy Mitchell and Chef Michael "Woody" Raber regaled the audience with their experiences cooking for various presidential administrations. A client of the Senior Nutrition



CAMEO Program shared her personal story and how her participation helped her overcome the deep depression she experienced after losing her husband.

### Annual Volunteer Appreciation Event

Calling all JFS volunteers and RSVP volunteers. The next Volunteer Appreciation event will be held Wednesday, October 14, 1-3PM, at Temple B'nai Shalom in East Brunswick. Invitations will go out in September. Any active volunteers that haven't received an invite by early October should call JFS.



Cutting Edge Dueling Pianos

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Visit us : [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

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## Did You Know?

**September 7:** Labor Day! Do you know of a job opportunity? The Career Center and the Women's Center maintain a list of current employment opportunities for jobseekers. Positions range from clerical, warehouse to professional level. If you know of an opening that can be added to this list, please contact JFS.

**September is Back to School:** JFS is collecting school supplies; pencils, pens, notebooks, paper, backpacks, etc. to give out to children in need.

## Day of Beauty for Women's Center

On August 4, 2015, the Robert Fiance Beauty School in Perth Amboy hosted a Day of Beauty for the JFS Women's Center. Under the supervision of Mrs. Jeanette Caputo and school managers, senior students

treated the women to manicures, pedicures, make-up, haircuts, hair coloring, and hair styling. Salon staff and students



worked very hard to make it a wonderful day for the women. The Women's Center at JFS serves displaced homemakers – women who have lost income due to divorce, separation, death or disability of a spouse or partner and who are working toward achieving economic self-sufficiency. Services include resume preparation; job search skills; financial management; referrals for divorce and other legal issues, housing, and more. For information contact JFS.

## Calling Jewish Singles 55+

JFS has partnered with Jewish Family and Children's Service of Monmouth County for an exciting Jewish Singles event (ages 55+) on Sunday, October 25, from 2-5PM at the JFS Monroe office. Bruce Stephen Foster, Grammy nominated singer/songwriter/producer will entertain. Talk, schmooze, meet new friends. Refreshments served. \$10/pp or \$15 at the door. To register, contact JFS or visit [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org).

## Welcome New JFS Staff

Coordinator of Holocaust Survivor Services: Fay Ross

## Upcoming Events

**Car Care Clinic** - Friday, September 25 at 10:30AM - 12:30PM at Ben's Auto in North Brunswick, pre-registration required, call JFS.

**Computer Class Schedule** - Autumn class schedule is available on the JFS website on the Women's Center page or call JFS.

**JFS Volunteer Appreciation** - Wednesday, October 14 at 1 - 3PM at Temple B'nai Shalom in East Brunswick, see page 1.

**Jewish Singles Event** - Sunday, October 25 at 2-5PM at JFS Monroe office, see page 2.

**JFS Fundraiser: Dueling Pianos** - Sunday, November 1 at 5PM at East Brunswick Jewish Center, see page 1.

## Sunday Trips for Seniors

When several clients of the Senior Nutrition CAMEO Program in Monroe said they had nothing to do on Sundays and wanted to go somewhere with the participants of the group, a Sunday Trip Day was born. Once a month staff from the CAMEO Program arrange for transportation (provided by The Oscar & Ella Wilf Campus for Senior Living) for a special trip. One trip went to the Morven Museum in Princeton. This museum was previously used as a home for many New Jersey governors since the 1700's. George Washington spent time there; Robert Wood Johnson also lived there. Another recent trip was to the movies.



For information about the CAMEO Program, contact JFS.

## SMP Program Shares Fraud Scam

JFS' Senior Medicare Patrol (SMP) of New Jersey in addition to providing workshops to seniors regarding Medicare fraud, waste and abuse, also handles complex issues involving suspected billing fraud, and questions regarding Medicare enrollment. Open enrollment for Medicare is October 15—December 7. SMP recommends that Medicare beneficiaries review their Part D plans to make sure that they are receiving the best coverage at the least expensive price. Questions can be directed to SMP staff. Call JFS.

SMP wants to alert seniors to the most current fraud scam concerning genetic testing. The genetic testing scam involves laboratory representatives that take cheek swabs of Medicare beneficiaries at health fairs and senior living facilities. These representatives allegedly submit charges to Medicare without a prescription from the beneficiary's primary physician. Beware of anyone offering a genetic test and guard your personal Medicare information. Visit the JFS website SMP page for more information or call JFS.

## Laptops Wanted

The Women's Center is looking for gently used or new laptops and/or tablets for displaced homemakers seeking employment. Please contact JFS to donate these much needed items.

*Wishing all of our friends,  
A Very Happy New Year!*