


October 2017

MON	TUESDAY BREAKFAST: 9:00 AM LUNCH: 12:00 PM	WEDNESDAY BREAKFAST: 9:00 AM LUNCH: 12:00 PM	THURS	FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM
3	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Quotable Quotes 11:00 Games Day! 12:30 Name this Scents <u>Chicken Marcala</u>	4 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Guest Speaker: Dr. Guth from JFK Hospital 12:00 Senior Yoga 1:00 Massages with Cream <u>Beef Stew</u>		6 SUKKOTH CLOSED
10	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Dr. Horowitz, Podiatrist 12:30 Games Day! 1:00 Baking a Cake <u>Chicken Cacciatore</u>	11 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Name that Tune 11:00 Marlene Herman, Storyteller 12:30 Movie Time <u>Breaded Chicken</u>		13 
17	9:00 Meet and Greet 9:30 Daily Chronicles 11:00 Light Flexercises 12:30 Games Day! 1:00 Ball Therapy <u>Spaghetti & Meatballs in Marinara</u>	18 9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Jewish Historical Society 12:30 Chair Exercises 1:00 Name that Family Member <u>Turkey Breast</u>		20 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Helena Knee, Pianist 11:30 Circle Exercises with Balls 12:30 Hand Massages <u>Roast Chicken</u>
24	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Speaker: Angie, Preferred Healthcare 12:30 Games Day 1:00 Movie Time <u>Chicken Teriyaki</u>	25 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Don Anthony, Performer 11:30 Bowling on Mats 12:30 Stories about Fall <u>Grilled Chicken</u>		27 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Yiddish Lotto 11:30 Circle Exercise with Balls 12:30 Pictionary <u>Roast Chicken</u>
31	9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Game Day! 11:30 Stories about October Holidays 12:30 Ice-cream Party <u>Breaded Fish</u>	