



NOVEMBER 2017

MON	TUESDAY BREAKFAST: 9:00 AM LUNCH: 12:00 PM	WEDNESDAY BREAKFAST: 9:00 AM LUNCH: 12:00 PM	THURS	FRIDAY BREAKFAST: 9:30 AM LUNCH: 12:00 PM	
1	 November	1 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 - Dr.Guth, Speaker from JFK Hospital 11:30 Chair Yoga 12:30 Hand Strength Exercises <u>Pepper Steak</u>	3	3 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 – RN Speaker 11:30 Circle Exercise with Balls 12:30 Baking Cakes <u>Roast Chicken</u>	
7	7 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Don Anthony, singer 11:30 Game Day! 12:30 Cup Stack Game <u>Sausage & Peppers</u>	8	8 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Marlene Herman – Storyteller 11:30 Word Games 12:30 Hand Massages <u>Chicken Marsala</u>	10	10 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Circle Exercises with Balls 12:30 Trivia Contest 1:00 Therapy Dough <u>Roast Chicken</u>
14	14 9:00 Meet and Greet 9:30 Daily Chronicles 11:00 Chair Yoga 12:30 Game Day! 1:00 20 Questions <u>Breaded Chicken</u>	15	15 9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Jewish Historical Society 12:30 Word Games 1:00 TV- I Love Lucy <u>Spaghetti & Meatballs in Marinara</u>	17	17 9:00 Meet and Greet 9:30 Daily Chronicles 10:30 Circle Exercise with Balls 11:30 Yiddish Lotto 12:30 Hobby Cards <u>Roast Chicken</u>
21	21 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Chair Yoga 12:30 Game Day! 1:00 Meditation Inspiration Stories <u>Stuffed Cabbage</u>	22	22 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 AM- Angie Preferred Healthcare 12:30 Word Games 1:00 What's That Scent? <u>Turkey Breast</u>	24	CLOSED FOR THANKSGIVING HOLIDAY  <i>Happy Thanksgiving! To You And Your Family</i>
28	28 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Reach and Stretch 10:30 Game Day! 12:30 Guessing Game <u>Chuck Roast</u>	29	29 9:00 Meet and Greet 9:30 Daily Chronicles 10:00 Ian Gallagher, Singer 11:30 Word Games 12:30 Relaxation Exercises <u>Turkey Franks</u>	30	