



November 2017

MON	TUESDAY 9:30 AM CONTINENTAL BREAKFAST	WEDNESDAY 9:30 AM CONTINENTAL BREAKFAST	THURS	FRIDAY 9:30 AM CONTINENTAL BREAKFAST
		<p>1</p> <ul style="list-style-type: none"> • Morning Welcome • News • 10 AM- Dr. Guth, Speaker from JFK Hospital • Chair Yoga <p style="text-align: center;"><u>Pepper Steak</u></p>		<p>3</p> <ul style="list-style-type: none"> • Morning Welcome, • News • 10 AM- RN Speaker • Circle Exercise with Balls <p style="text-align: center;"><u>Roast Chicken</u></p>
7	<ul style="list-style-type: none"> • Morning Welcome • News • 10 AM Don Anthony, Singer • Chair Yoga <p style="text-align: center;"><u>Sausage & Peppers</u></p>	<p>8</p> <ul style="list-style-type: none"> • Morning Welcome • News • 10 AM-Marlene Herman- Storyteller • Word Games <p style="text-align: center;"><u>Chicken Marsala</u></p>		<p>10</p> <ul style="list-style-type: none"> • Morning Welcome • News • Circle Exercise with Balls • Trivia Contest <p style="text-align: center;"><u>Roast Chicken</u></p>
14	<ul style="list-style-type: none"> • Morning Welcome • News • Chair Yoga • Game Day! <p style="text-align: center;"><u>Breaded Chicken</u></p>	<p>15</p> <ul style="list-style-type: none"> • Morning Welcome • News • 10 AM Jewish Historical Society • Word Games <p style="text-align: center;"><u>Spaghetti & Meatballs In Marinara</u></p>		<p>17</p> <ul style="list-style-type: none"> • Morning Welcome • News • Circle Exercise with Balls • Yiddish Lotto <p style="text-align: center;"><u>Roast Chicken</u></p>
21	<ul style="list-style-type: none"> • Morning Welcome • News • Chair Yoga • Game day! <p style="text-align: center;"><u>Stuffed Cabbage</u></p>	<p>22</p> <ul style="list-style-type: none"> • Morning Welcome • News • 10 AM- Angie, Preferred Healthcare • Word Games <p style="text-align: center;"><u>Turkey Breast</u></p>		<p>CLOSED FOR THANKSGIVING HOLIDAY</p> 
28	<ul style="list-style-type: none"> • Morning Welcome • News • Reach And Stretch • Game Day <p style="text-align: center;"><u>Chuck Roast</u></p>	<p>29</p> <ul style="list-style-type: none"> • Morning Welcome • News • 10 AM- Ian Gallagher Singer, Performer • Word Games <p style="text-align: center;"><u>Turkey Franks</u></p>		<p><i>Happy Thanksgiving! To You And Your Family</i></p>